

THE BEATS

2026



ACCREDITED WITH NAAC

(FORMERLY NEHRU COLLEGE OF NURSING)

(Approved by Indian Nursing Council New Delhi, Kerala Nurses & Midwives Council - Kerala,
Affiliated to Kerala University of Health Science Thrissur) KUHS-QAS-Accredited.

THE BEATS-2026

P.K. Das College of Nursing | Nehru Group of Institutions

NAAC ACCREDITED

The heartbeat of excellence. Celebrating academic grit, clinical grace, and the rhythm of remarkable students.

I INSTITUTIONAL IDENTITY & LEADERSHIP

Pride, Governance, and the Spirit of Community

I.A Ceremonial Milestones — Rites of Passage

DATE	EVENT / ACTIVITY	THEMATIC NOTE
May 16, 2025	IX Graduation Ceremony	<i>Caps Off, Careers On</i>
Nov 7, 2025	Induction Ceremony – XIV Batch	<i>A Grand Welcome to Future Nurses</i>
Dec 6, 2025	ELVORA'25 – Freshers' Day	<i>Celebrating the 14th Batch's Arrival</i>
Jan 28, 2026	Lamp Lighting Ceremony – XIV Batch	<i>The Sacred Flame of Nursing</i>

I.B Institutional Pride — Accreditations & Rankings

DATE		THEMATIC NOTE
Aug 22, 2025	NAAC Accreditation Appreciation	<i>The Quality Stamp</i>
2025–26	KIRF 2nd Rank – Nursing Category	<i>Kerala's Best, Officially Recognised</i>
May 06, 2026	Stock Audit	<i>Where Numbers Tell the Truth</i>
May 12, 2026	International Nurses Day 2026	<i>Hands That Heal, Hearts That Feel</i>
May 20, 2026	Academic and Administrative Audit	<i>Where Systems Meet Standards</i>
June 2025	ISO Accreditation 9001:2015	<i>The Global Trust Badge</i>

I.C National Celebrations — Patriotism & Culture

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Aug 15, 2025	Independence Day – 79th Celebration	<i>79 Years of Freedom, One Flag of Hope</i>
Jan 3, 2026	New Year Celebration	<i>Welcoming 2026 with Warmth and Joy</i>
Jan 26, 2026	Republic Day – 77th Celebration	<i>Where the Constitution Lives</i>
Apr 13, 2026	Vishu Celebration 2026	<i>Lights, Laughs, and Sadya</i>

Mar 20, 2025	Holi Celebration	<i>A Festival of Colours, Unity, and Joy</i>
Mar 26, 2025	Iftar Party	<i>Fostering Unity and Cultural Harmony</i>
Aug 26 2025	Onam Celebration	<i>Pookalams, Feasts, and Fervor: Welcome, Mahabali</i>

I.D Governance & Administration — Voices That Shape the Campus

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Sep 18, 2025	PTA Executive Meeting	<i>Decisions That Shape Classrooms</i>
Sep 19, 2025	PTA Meeting – VI Semester	<i>The Hour That Changes Everything</i>
Jan 06, 2026	PTA Meeting – III Semester	<i>Strengthening Bonds, Shaping Futures</i>
Mar 28, 2026	PTA Meeting – I Semester	<i>Building Bridges, Not Walls</i>
Year-round	Grievance Cell	<i>Speak Up — Your Voice Matters</i>
Year-round	SSGP Cell – Counselling Pathway	<i>Five Gates to Student Well-being</i>
May 23, 2026	PTA Executive Meeting	<i>Decisions that Matter</i>

II ACADEMIC EXCELLENCE & LEARNING

Cultivating Knowledge, Curiosity, and Competence

II.A Academic Programmes & Skill Events

DATE	EVENT / ACTIVITY	THEMATIC NOTE
May 5, 2025	International Midwifery Day	<i>Heroes in Every Crisis</i>
Jun 19–25, 2025	National Reading Week	<i>Books That Build a Better World</i>
Jul 5, 2025	Research Appreciation Day	<i>Seeds of Change: Research That Resonates</i>
Aug 27, 2025	NDLI Club Awareness Webinar	<i>The Digital Library Door Opens</i>
Sep 12, 2025	English for Nurses Session	<i>English for Global Impact</i>
Sep 12, 2025	Essay Writing – Sai Seva	<i>Write to Transform</i>
Sept 25, 2025	Nourish '25 – Nutrition Day Exhibition	<i>Healing Through Food</i>
Nov 3–6, 2025	Bridge Course – XIV Batch	<i>Building Foundations for the Future</i>
Nov 18, 2025	Immunization Awareness Quiz	<i>Shot of Confidence</i>
Dec 3, 2025	Anti-Ragging Awareness	<i>Zero Tolerance for Ragging</i>
Dec 15, 2025	Library Orientation Programme	<i>Opening the Doors to Knowledge</i>
Dec 15, 2025	NDLI User Awareness Programme	<i>Unlocking the Digital Library</i>
Feb 16, 2026	Congenital Heart Day 2026	<i>Little Hearts, Big Care</i>

Mar 7, 2026	Wellness 360 – SSGP	Sensitise, Energise, Realise
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II.B Journal Club — Keeping Knowledge Current

Nine faculty-led Journal Club presentations across AY 2025–26, covering neonatal care, mental health, obstetrics, community nutrition, and pain management. Conducted monthly, attended by all faculty.

II.C Value-Added & Add-On Courses — Beyond the Bedside

Year-wise curricular enrichment designed to bridge academic training with advanced clinical and professional practice.

II.D NDLI Club — 44 Events Across the Year

The NDLI Club facilitated 44 events spanning digital literacy, mental health, maternal health, child health, and global sustainability—partnering with NDLI national webinars, Amala Medical College, and nursing departments.

III FACULTY GROWTH & PROFESSIONAL DEVELOPMENT

Empowering Educators to Inspire the Next Generation

III.A Development Programmes — Building the Best Educators

DATE	EVENT / ACTIVITY	THEMATIC NOTE
May 13, 2025	FDP – Simulation & Skill Training (KUHS)	Simulation to Real Healing
May 24, 2025	Online Training on POSH Act 2013	POSH at Work – No Excuses
Sep 18–20, 2025	FDP – Innovations in Nursing Education	Transforming Teaching Strategies
Oct 24, 2025	FDP – Zotero Reference Management	Master Your Research
Nov 10–12, 2025	FDP – Teaching Excellence & Educational Strategies	Teaching that Transforms
Nov 29, 2025	NOBLE Outbound Leadership Training	Outbound to Lead
Feb 5, 2026	FDP – Scholarly Authorship & Publishing	Publish with Integrity
Feb 13, 2026	SSGP Faculty Sensitization Programme	Every Student Matters
March 28, 2026	Prof. Dr. Priya Mary Stella as Resource Person at Abhirami College of Nursing, Coimbatore.	Leading the Fight Against Cancer
May 6–12, 2026	FDP – SSKV College - Seven Days of Scholarly	Excellence: Technical Session Series

III.B Student Innovation — Entrepreneurial Thinking in Nursing

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Mar 4, 2026	Team Medigrind – PKDIMS IDEATHON 2026	5th Prize + Pre-Incubation Support
Feb–Apr 2026	NPTEL Certification – Prof. Dr. Regina P.F.	Elite Certificate, 3 Credits

IV HEALTH ADVOCACY & COMMUNITY OUTREACH

Nurses Beyond the Ward — Healing Communities

IV.A Health Awareness Programmes — Student-Led Clinical Campaigns

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Jun 30, 2025	International Day Against Drug Abuse	Break the Chain, Say No to Drugs
Aug 23, 2025	PCOD Awareness – Swathy Central School	Track. Treat. Thrive.
Sep 10, 2025	World Suicide Prevention Day	Silence Hurts. Words Heal.
Sep 22, 2025	World Alzheimer's Day	Don't Forget the Signs
Oct 3, 2025	International Day of Older Persons	Every Wrinkle Tells a Story
Oct 10, 2025	World Mental Health Day	Behind Every Smile, a Story – Let's Listen
Nov 14, 2025	Community Diabetes Awareness	Today's Choices, Tomorrow's Health
Nov 17, 2025	World Prematurity Day Role Play	Hope Has No Size Limit
Dec 1, 2025	World AIDS Day	Beyond the Ribbon
Dec 3, 2025	World Disability Day – Polygarden	Breaking Barriers, Building Bridges
Jan 28, 2026	Cervical Health Awareness & Poster Competition	One Smear, No Fear
Feb 24, 2026	Sexual Reproductive Health Day	Let's Talk About (Safe) Sex
Mar 6, 2026	Women's Day – W&C Hospital, Palakkad	A Day for Her, A Future for All
Apr 7, 2026	World Health Day – Taluk Hospital, Ottapalam	Glow from the Inside Out
May 22, 2026	World Pre-Eclampsia Day Celebration	Know the Symptoms, Take Action
Jun 8, 2026	World Brain Tumour Day	Raise Awareness. Support Research.

IV.B Community Service & Social Initiatives

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Jun 12, 2025	Cloth Bank Project – Lions Club	We Collect. You Connect. They Comfort.
Jun 17, 2025	Fire Safety Training Programme	Be the First Responder, Not the Victim
Jun 23, 2025	International Yoga Day	Inhale Courage, Exhale Fear

Jun 30, 2025	Blood Donation Drive – World Blood Donor Day	<i>Don't Just Scroll, Give a Roll</i>
Jul 30, 2025	Medical Camp – Ashadeepam Special School	<i>A Ray of Health and Hope</i>
Jan 14, 2026	School Health Education – Anaganadi	<i>Knowledge That Travels to Classrooms</i>
Jan 22, 2026	Visit – Emmanuel Old Age Home	<i>Beyond Selfies – A Day of Real Connection</i>

IV.C Field Visits & Industrial Exposure — Learning by Witnessing

DATE	EVENT / ACTIVITY	THEMATIC NOTE
May 22, 2025	Industrial Visit – KINFRA Small Industries, Lakkidi	<i>Track the Supply Chain, Live</i>
Jul 16–17, 2025	Visit – IMAGE Biomedical Waste Plant	<i>Don't Guess the Process – Witness It</i>
Jul 21, 2025	Visit – PNNM Ayurveda College, Cheruthuruthy	<i>Where Every Leaf Has a Purpose</i>
Dec 9–10, 2025	Field Visit – Water Treatment Plant, Malampuzha	<i>Every Drop Counts</i>
Dec 10, 2025	Field Visit – MILMA Dairy Plant, Palakkad	<i>Learning the Lakshya of Dairy</i>
Jan 20, 2026	Visit – PNNM Ayurveda College, Shoranur	<i>From Herb to Healing</i>
Mar 30, 2026	Industrial Visit – KINFRA Industrial Park, Ottapalam	<i>Walk the Units, Understand the Unseen</i>
Mar 31, 2026	Waste Plant	<i>Silent Guardian of Malampuzha's Health</i>
December 16, 2025 & January 5, 2026	Field Visit - Meat Technology Unit, Mannuthy	

THEME V CULTURE, SPORTS & STUDENT LIFE

The Pulse Beyond the Classroom

V.A Cultural Events & Artistic Expression

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Jun 25, 2025	Malhaar 2025 – SNA Arts Fest	<i>Where Talent Takes Stage</i>
Feb 10–13, 2026	Yavanika 2026 – Arts Day	<i>Three Days of Colour and Beat</i>
2025–26	Release of Magazine CHUVAD	<i>Our Words. Our Voice. Our Story.</i>

V.B Sports, Athletics & Leadership Development

DATE	EVENT / ACTIVITY	THEMATIC NOTE
May 20–21, 2025	SPECTRA 2025 – SNA Sports Event	Speed, Strength, Sportsmanship
Feb 7, 2026	FORZA – Athletic Meet 2026	Feel the Force
Mar 11, 2026	SPECTRA 2026 – Volleyball	2nd Prize at Zonal Level
Mar 2026	ELEVATE 2026 – SNA Leadership Camp	Lead with Purpose, Inspire with Passion
Mar 23–24, 2026	SPECTRA 2026 – Athletics & Games	Day 1: Track; Day 2: Court

V.C Student Achievements — Stars of P.K. Das College of Nursing

STUDENT	ACHIEVEMENT	PRIZE / RECOGNITION
Niranjan L Govind	All Kerala Interuniversity Taekwondo Championship (M)	First Prize – KUHS
Pranav N.C.	Volleyball – SPECTRA 2026 Zonal Sports	Second Prize – SNA NE Zone
Reshma Raj	Shotput (Girls) – SPECTRA 2025	Second Prize – SNA NE Zone
Lavanya Sivan	Pencil Sketch – Zonal Cultural Competitions	First Prize – SNA NE Zone
Lavanya Sivan	On-the-Spot Painting – DHANAK State Level Arts	Prize – SNA Kerala State
Lavanya Sivan	Poster Presentation – Zonal Education (SNA)	First Prize – Jun 4, 2025
Lavanya Sivan	Versification – National Reading Week	First Prize – Library Dept.

V.D Tours & Excursions — Horizons Beyond the Campus

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Feb 5, 2026	Student Tour – Gokarna, Dandeli (Karnataka)	2021 Batch Getaway
Feb 14, 2026	Student Tour – Gokarna, Dandeli, Goa	Karnataka & Maharashtra Adventure
2025–26	Staff Tour – Alappuzha	Faculty Bonds on the Backwaters

VI RESEARCH, INNOVATION & KNOWLEDGE PRODUCTION

Publishing the Future of Nursing Practice

VI.A Faculty Journal Publications — 44 Papers, One Voice of Science

Forty-four peer-reviewed journal publications by PKDCN faculty spanning clinical nursing, education, maternal health, community health, mental health, and biomedical research. Published across national and international journals (Jul 2025 – Jun 2026).

VI.B Patents — Innovations Registered with the Government of India

Three patents filed with the Government of India by PKDCN faculty, covering wearable medical symptom monitoring, AI-powered emotional support teddy bear for pediatric care, and a smart hospital bed system for prevention and management of bed sores.

VI.C Books & Chapter Publications — Contributing to the Nursing Canon

12 book chapters and 1 full book published by PKDCN faculty in 2025–26. Publishers include Navi International, Xoffencer International, SPI Publications, and Adam's Book Company.

VI.D Student Research Projects — 17 Projects Across 5 Clusters

Research clusters: (1) Teaching, Learning & Educational Outcomes | (2) Reproductive & Sexual Health Awareness | (3) General Health Education & Clinical Safety | (4) Community & Lifestyle Health | (5) Psychosocial Well-being & Vulnerable Populations

VII CAREER PATHWAYS, PARTNERSHIPS & ALUMNI

Connecting Education to the World

VII.A Career Guidance & Campus Placements

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Dec 12, 2025	Global Nursing Career Session – Medcity Academy	<i>Dream Overseas? Let's Map Your Route.</i>
Feb 9, 2026	Campus Placement – PKDIMS, Vaniyamkulam	<i>Your First Offer, Your First Leap</i>
Feb 9, 2026	Campus Placement – National Cancer Institution, Nagpur	<i>Turn Your Skills into Survival Stories</i>
Feb 10, 2026	Career Guidance – Indo German Academy	<i>From India to Deutschland</i>
Mar 4, 2026	Campus Recruitment – Amrita Institute of Medical Sciences	<i>From Kerala's Heart to Global Healthcare</i>

VII.B Alumni Engagement — Bridges Between Batches

DATE	EVENT / ACTIVITY	THEMATIC NOTE
Dec 5, 2025	Alumni Interaction – Ms. Angel Rose (7th Batch)	<i>Angel in the House</i>
Dec 18, 2025	Alumni Interaction – Ms. Renjima (8th Batch)	<i>Your Questions, Her Answers</i>
Jan 6, 2026	Alumashine Alumni Management Online Meeting	<i>Where Alumni Come Together</i>
January 3, 2026	Alumni interaction - Ms. Anaina J. Tom 2019 Batch	<i>Bridging Generations</i>

January 12, 2026	Alumni interaction - Mr. Vishnu K . 2018 Batch	<i>Learning from the Journey</i>
January 27, 2026	Alumni interaction - Ms. Amala Rose. 2019 Batch	<i>Wisdom Shared, Futures Inspired</i>

VII.C Partnerships & MoUs — 25 Active Collaborations

25 active MoUs with hospitals, charitable trusts, schools, industries, international academies, old age homes, and special schools. Partners include Shalom Institute, Rotary Club, Lions Club, Indo German Academy, Medcity International Academy, PNNM Ayurveda College, and 17 others.

INSTITUTIONAL IDENTITY & LEADERSHIP

Pride, Governance, and the Spirit of Community

I.A Ceremonial Milestones — Rites of Passage

IX Graduation Ceremony – Caps Off, Careers On - A degree in hand, a healer's heart – Graduates ready to start.

May 16, 2025

The Graduation Ceremony of the IX Batch of B.Sc. Nursing students was a proud and memorable milestone, graced by esteemed dignitaries. The Chief Guest, Prof. Dr. C.P. Vijayan, Pro Vice Chancellor of Kerala University of Health Sciences (KUHS), inaugurated and formally declared the event open.

Adv. Dr. P. Krishnadas, Honorary Trade Commissioner of Mauritius–India and Chairman & Managing Trustee, NGI, along with Dr. P. Krishnakumar, CEO & Secretary, NGI, inspired the gathering with their encouraging words. The event was further enriched by the presence of Principal Prof. Dr. A. Priya Mary Stella.

Dr. R.C. Krishnakumar, Director of Operations, PKDIMS; Dr. R. Gowri, Director of Research – Accreditation & Rankings, NGIK; along with faculty members, staff, students, and parents, were also present. The ceremony was a heartfelt celebration of the graduates' hard work, dedication, and academic excellence.



Induction Ceremony 2025 – A Grand Welcome to the XIV Batch

November 7, 2025

The Induction Ceremony for the XIV Batch (2025–2029) of B.Sc. Nursing students at P.K. Das College of Nursing was held on 7th November 2025. The ceremony was formally inaugurated by Prof. Dr. Raji Raghunath, Dean, Faculty of Nursing, Kerala University of Health Sciences (KUHS), Thrissur.



The event was honoured by the presence of Adv. Dr. P. Krishnadas (Chancellor, P.K. Das Deemed to be University), Dr. R. C. Krishnakumar, Dr. H. N. Nagaraja, Dr. R. Gowri, Dr. Satish G. Prabhu, Mr. Manoj M., Prof. Dr. A. Priya Mary Stella (Principal, PKDCN), and Prof. Dr. Ariyalakshmi B. (Vice Principal, PKDCN). Speakers encouraged the new batch to uphold professional integrity, empathy, and excellence in nursing. The ceremony concluded with vibrant entertainment programmes.

ELVORA'25 – Freshers' Day Celebrates the 14th Batch

December 6, 2025

ELVORA'25, the Freshers' Day celebration for the 14th batch of P.K. Das College of Nursing, was held on 6 December 2025 at the college auditorium. The event was formally inaugurated by Prof. Dr. A. Priya Mary Stella, Principal, with felicitations by Mr. A. O. Benny Paul.

The programme featured a prayer song, welcome address by Ms. Raina, cultural performances by junior and senior batches, interactive games, and a vibrant ramp walk. Mr. Avizin Zenon was crowned *Mr. PKDCN* and Ms. Deeptha Merin Shibu was crowned *Ms. PKDCN*. The 14th B.Sc. Nursing batch was named ZERAVIO-2025. The celebration concluded with an energetic DJ session, creating a memorable beginning for the new students.



Lamp Lighting Ceremony – XIV Batch B.Sc. Nursing Students

January 28, 2026

The Lamp Lighting Ceremony of the 14th Batch B.Sc. Nursing students was conducted with solemnity and dignity on 28th January 2026 at P.K. Das College of Nursing. The programme commenced with one minute of silence in memory of the founder Chairman, Late Shri P. K. Das.

The lamp was lit by dignitaries including Adv. Dr. P. Krishnadas, Chancellor, P.K. Das Deemed to be University, and Prof. Dr. Sona P. S., Registrar, Kerala Nurses and Midwives Council (KNMC), who delivered the inaugural address. Prof. Dr. A. Priya Mary Stella, Principal, delivered the welcome address. The Nurses' Pledge was administered by Mrs. Soumya P. S., Nursing Superintendent, PKDIMS. Felicitations were offered by Dr. Satish G. Prabhu, Principal, PKDIMS, and Mr. Manoj M., PTA President. The vote of thanks was proposed by Prof. Dr. Ariyalakshmi B., Vice Principal. The ceremony concluded with the National Anthem.



I.B Institutional Pride — Accreditations & Rankings

NAAC Accreditation Appreciation Celebration - The Quality Stamp

August 22, 2025

The college proudly celebrated its NAAC Accreditation, a significant achievement reflecting unwavering commitment to quality education and academic excellence. The occasion was graced by Adv. Dr. P. Krishnadas, Honorary Trade Commissioner of Mauritius–India, Chairman and Managing Trustee, NGI; Dr. Sumitha Krishnadas, Correspondent, NGI; Dr. H.N. Nagaraja, Executive Director of Academics & Administration, NGI; and Mr. M. Srinivas, Principal Coordinator (S/W).



The celebration was further enriched by the presence of the Principal, Vice Principal, Heads of Departments, NAAC Coordinators, faculty, administrative staff, enthusiastic students, and members of sister institutions.

KIRF 2nd RANK IN KERALA STATE “NURSING CATEGORY”

Stock Audit : Where Numbers Tell the Truth

May 6, 2026

A comprehensive stock audit was conducted on May 6, 2026, to verify the inventory of equipment, supplies, and assets across various departments of the college. The audit aimed to assess stock maintenance, record accuracy, and compliance with institutional protocols. The audit team reviewed physical stock against register entries, and provided recommendations for improved inventory management. Departments cooperated fully by making all relevant records and stock available for verification. The audit reinforced the importance of transparency, accountability, and efficient resource utilization within the institution.



International Nurses Day 2026- Hands That Heal, Hearts That Feel

May 12, 2026

International Nurses Day was celebrated with great enthusiasm and dignity, organized by the SNA Unit. The celebration began with a prayer, followed by a welcome address. The Principal, Vice Principal, Heads of Departments, faculty members, and students actively participated.

Various competitions and activities were conducted, including musical chairs, ball passing, pencil drawing, and extempore speech related to the Nurses Day theme. Winners were appreciated with mementos. Motivational speeches emphasized the theme of Nurses Day 2026 and the evolving role of nurses in modern healthcare. The celebration concluded with a vote of thanks, creating a sense of unity, pride, and professional commitment among all participants.



Academic and Administrative Audit (AAA) - Where Systems Meet Standards

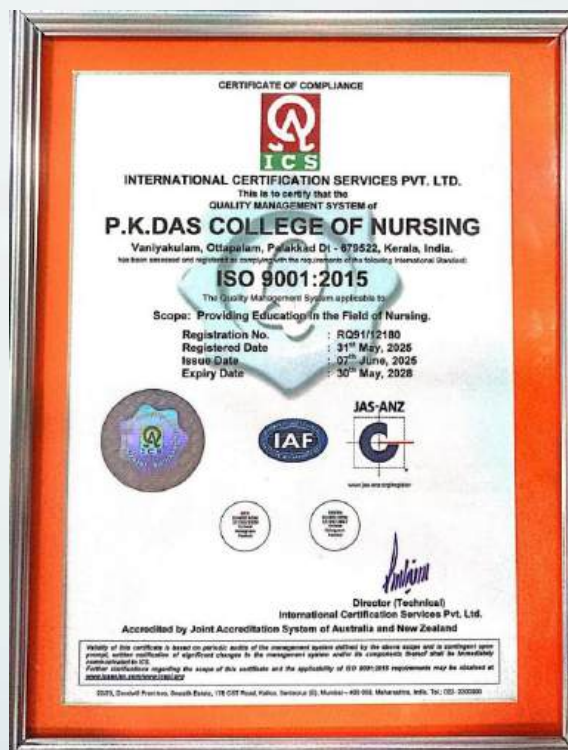
May 20, 2026



The Academic and Administrative Audit (AAA) was conducted on May 20, 2026, to assess the quality and compliance of academic and administrative processes. The audit team comprised Dr. K.J. Anoop, Principal of NCERC, and Dr. D. Vijaykumar, Principal of NCP, for the academic audit. Mr. M. Srinivas, Principal Coordinator (SW), NGIK, and Mr. P. Sreekumar, HR Manager, were detailed as co-opted members to complete the administrative part. Prior to the audit, the prescribed format was circulated to all departments of the respective colleges. Departments were instructed to fill in the forms and keep all supporting documents ready for verification. The audit was conducted systematically, ensuring thorough evaluation and constructive feedback for institutional improvement.

ISO Accreditation 9001:2015 : The Global Trust Badge

June 2025



Independence Day 2025 - 79 Years of Freedom, One Flag of Hope

August 15, 2025

The NSS Unit commemorated the 79th Independence Day on the college campus. The programme began with a welcome speech by Ms. Sreya, College Union General Secretary, followed by the flag hoisting ceremony led by Principal Prof. Dr. A. Priya Mary Stella.



The Principal delivered an inspiring speech on national progress and the role of students and staff in nation-building. The event saw active participation from the Vice Principal, Heads of Departments, faculty members, non-teaching staff, NSS volunteers, and students. The celebration concluded with the singing of the National Anthem, followed by snacks for all participants.

Welcoming 2026 with Warmth and Joy: New Year Celebration

January 3, 2026

The college welcomed the New Year 2026 with a heartwarming celebration on January 3, faculty, and staff gathered in a spirit of hope, renewal, and camaraderie. A special highlight was a gift exchange held exclusively among the staff members, strengthening bonds of teamwork and mutual respect. The event also included a joyful group photo session, capturing the fresh beginnings of the year. This was followed by the ceremonial cutting of a New Year cake, symbolizing sweet success ahead. Keeping the focus on simple, heartfelt interactions. The celebration concluded with everyone exchanging warm wishes for health, happiness, and professional success. Overall, it was a memorable start to 2026, filled with unity and cheer.



Republic Day 2026 - Where the Constitution Lives

January 26, 2026

The NSS Unit celebrated the 77th Republic Day with great pride and patriotism on the college campus. The programme began with a welcome address by NSS Volunteer Ms. Farzana, followed by the flag hoisting ceremony led by Principal Prof. Dr. A. Priya Mary Stella.

In her Republic Day message, the Principal highlighted the significance of the Constitution, the nation's progress, and the vital role of students and staff in nation-building. The celebration witnessed active participation from the Vice Principal, Heads of Departments, faculty members, non-teaching staff, NSS volunteers, and students. The event concluded with the singing of the National Anthem and distribution of snacks, fostering unity, national pride, and community spirit.



Vishu Celebration 2026-Lights, Laughs, and Sadya

April 13, 2026

The Vishu celebration was held at 2:30 PM with great enthusiasm and traditional spirit. The programme was inaugurated by Principal Prof. Dr. A. Priya Mary Stella with the lighting of the ceremonial lamp. Vishu Kaineettam was distributed to all, spreading joy and blessings.

The event featured festive activities including crackers, a group photo session, and concluded with a traditional Vishu Sadya. The celebration brought together students and staff, fostering unity and cultural appreciation.



Holi Celebration – A Festival of Colours, Unity, and Joy

March 20, 2025

Holi was celebrated with great enthusiasm on 20th March 2025 at the P.K. Das College of Nursing campus. Students, faculty, and staff came together to mark the occasion of colours, unity, and happiness.

The event featured traditional Holi songs, dance performances, and games. Everyone joyfully smeared bright gulal (coloured powders) on each other, filling the campus with music, laughter, and friendship. The celebration provided a welcome break from academic routines, strengthening bonds within the college community. The day was remembered as a colourful and joyous occasion reinforcing the values of love, peace, and unity.



Iftar Party – Fostering Unity and Cultural Harmony

March 26, 2025

The College Union of P.K. Das College of Nursing organized an Iftar Party on 26th March 2025 at the college ground from 6:30 PM to 7:30 PM. The programme aimed to promote unity, cultural harmony, and togetherness among students and faculty.

The venue was beautifully decorated with traditional lights. Participants gathered to break the fast with a variety of traditional dishes, reflecting the values of compassion, sharing, and mutual respect. The event provided an opportunity for students from different cultural and religious backgrounds to interact and celebrate together. The Iftar Party was a memorable and meaningful celebration that strengthened friendship and cultural understanding.



Onam Celebration 2025:

Pookalams, Feasts, and Fervor: Welcome, Mahabali.

August 26, 2025

Onam, the traditional festival of Kerala, was celebrated with great enthusiasm on campus. The programme was formally inaugurated by Principal Prof. Dr. Priya Mary Stella and Administrative Officer Mr. Benny Paul, who highlighted the cultural significance of the festival. The celebration featured fun-filled activities including lemon and spoon race, drinking water competition, class-wise dances, tug of war, and a vibrant Chendamelam that added to the festive spirit. The grand entry of Mahabali brought immense joy, reminding everyone of the essence of Onam. The highlight was the traditional Onam Sadhya, where students and faculty joined together to share the feast, symbolizing unity and harmony. The programme concluded with cheerful memories, reflecting the true spirit of togetherness, joy, and cultural pride.



PTA Executive Meeting: Decisions That Shape Classrooms

September 18, 2025

The PTA Executive Meeting was held at 10:45 AM in the Conference Room. Principal Prof. Dr. A. Priya Mary Stella discussed academic progress, clinical posting timings (revised to 7:00 AM – 3:00 PM), internship patterns (staff nurse duties with three shifts), and the continuation of postings at Shalom Hospital and Taluk Hospital, Ottapalam.

NAAC accreditation and ISO certification achievements were celebrated. Hostel outing timings were revised, and outside food ordering was permitted. Mr. Benny Paul shared strategies to improve academic performance. Strengthening counselling sessions was highlighted. The former PTA President, Mr. Thomas K.S., was honoured with a token of appreciation. PTA Treasurer Mrs. Rani G.S. delivered the vote of thanks.



PTA Meeting – VI Semester (2022–26 Batch): The Hour That Changes Everything

September 19, 2025

The PTA meeting of the VI Semester (2022–26 Batch) commenced with a one-minute silent prayer. Prof. Dr. Ariyalakshmi B., Vice Principal, delivered the welcome address. Mr. Liju James presented the academic report for the V and VI semesters.

Principal Prof. Dr. A. Priya Mary Stella provided information on revised clinical posting timings, the NAAC accreditation process, and student compensation as per KUHS guidelines. An open discussion followed, where parents clarified doubts and offered valuable suggestions. A total of 66 parents attended.



PTA Meeting – III Semester : Strengthening Bonds, Shaping Futures

January 6, 2026

The Parent-Teacher Association (PTA) meeting for the III Semester B.Sc. Nursing batch was held at the college auditorium, witnessing active involvement from parents, faculty, and students. The agenda featured a formal welcome, a detailed academic review, and an overview of student support systems and co-curricular opportunities. The Principal highlighted the importance of regularity, academic integrity, and clinical skill development. An interactive session enabled parents to express their views and seek clarifications. The meeting closed with a formal vote of thanks and a constructive dialogue on student performance and avenues for enhancement.



PTA Meeting – I Semester (2025–29 Batch): Building Bridges, Not Walls

March 28, 2026

The First Semester B.Sc. Nursing (2025–2029 batch) Parent-Teacher Association (PTA) meeting was successfully conducted at the college auditorium with active participation from parents, faculty, and students.

The session included a welcome address, academic presentation, and insights into student support programmes and extracurricular activities. The Principal emphasized discipline, academic excellence, and clinical competence. An open forum allowed parents to share feedback and clarify concerns. The meeting concluded with a vote of thanks and discussion on student progress and improvement strategies.



Grievance Cell – *Speak up, because your voice matters.*

Every Third Friday – Box Opening & Committee Review

The Grievance Cell operates with the core principle of addressing student and staff concerns in a fair, timely, and confidential manner. A dedicated Grievance Box is placed on campus, which is opened every third Friday of the month.

Following the collection, the Grievance Committee convenes to review each submission. The committee comprises:

- Principal
- Vice Principal / IQAC Coordinator
- Faculty members
- Student representatives from each class
- College Union Leader
- Office Superintendent

Various issues , academic, administrative, infrastructural, or interpersonal are discussed, and corrective actions are taken based on the nature and priority of each concern. The committee ensures that every grievance is acknowledged, examined, and resolved with appropriate follow-up. Students and staff are encouraged to use the Grievance Box responsibly and confidently.



SSGP Cell – A Multi-Tiered Counselling Pathway for Student Well-being

Academic Year 2025–2026

The Students' Support and Guidance Programme (SSGP) Cell operates a confidential, stigma-free, five-gate counselling pathway , from self/peer identification to external referral , ensuring every student receives timely and appropriate care.

Key Activities (July 2025 – May 2026):

Programme	Date	Beneficiaries
Group Counseling (IV Sem)	10.07.2025	89 students
Individual Counseling (VII Sem)	10.07.2025	2 students
Group Counseling (II Sem)	14.07.2025	79 students
Group Counseling (VII Sem)	18.07.2025	69 students
Individual Counseling (VII Sem)	18.07.2025	1 student
Group Counseling (VI Sem)	20.08.2025	90 students
Individual Counseling (IV Sem)	20.08.2025	5 students
Group Counseling (V & III Sem)	10.11.2025	90 + 90 students
Group Counseling (I Sem)	17.11.2025	90 students
Individual Counseling (I Sem)	17.11.2025	2 students
Faculty Sensitisation Programme	13.02.2026	16 faculty
Student Sensitisation Programme	07.03.2026	89 I Sem students
Parent Sensitisation Programme	28.03.2026	I Sem parents
Parent Sensitisation Programme (PTA)	23.05.2026	7 PTA executive members

Counselling Pathway Framework (The Five Gates):

- **Gate 1:** Self/Peer identification of distress
- **Gate 2:** First contact – Class Coordinator / Faculty Mentor / SSGP Cell
- **Gate 3:** SSGP Cell & administrative notification
- **Gate 4:** Professional intervention by College Counsellor (Mrs. Sindhu Ganeshan)
- **Gate 5:** External referral (Psychiatrist, Clinical Psychologist at PKDIMS) for specialised care

The SSGP Cell also coordinates emergency response, confidentiality protocols, and documentation for tracking. Faculty, students, and parents have been actively sensitised to create a supportive ecosystem.

PTA Executive Meeting- *Decisions that Matter*

May 23, 2026

The PTA Executive Meeting was held on May 23, 2026, at the College Conference Room, focusing on constructive decisions to enhance student welfare, academic progress, and institutional collaboration. The meeting commenced with a silent prayer, followed by a welcome address by the PTA Secretary. Principal Prof. Dr. A. Priya Mary Stella chaired the session, with the Vice Principal, Heads of Departments, class coordinators, and parent representatives in attendance.

The meeting resulted in several positive and forward-looking decisions. Student support systems were reinforced through bi-weekly counselling services. The academic calendar was streamlined by rescheduling sessional examinations, and remedial classes were introduced for slow learners to ensure academic success. Parent engagement was prioritized with mandatory attendance for Class PTA meetings. The meeting concluded with a vote of thanks by Mrs. Annu Pinto, and the next executive meeting was scheduled for Induction Day.



II ACADEMIC EXCELLENCE & LEARNING

Cultivating Knowledge, Curiosity, and Competence

II.A Academic Programmes & Skill Events

International Midwifery Day – Heroes in Every Crisis

May 5, 2025

On May 5, 2025, International Midwifery Day, themed "Midwives: Critical in Every Crisis," highlighted the indispensable role of midwives in emergency and humanitarian settings worldwide. The Indian Nursing Council

(INC) hosted an impactful webinar that drew enthusiastic participation from over 320 students and 20 faculty members.

To mark the day, the college organized essay writing and poster competitions. Winners of the Essay Writing competition were Ms. Lavanya (First Prize) and Ms. Reshma Davis (Second Prize). In the Poster Competition, Ms. Lavanya secured the First Prize. The celebrations effectively raised awareness and promoted excellence in maternal care among nursing students.

National Reading Week Celebrations - Books That Build a Better World

June 19–25, 2025

The National Reading Day 2025 theme, "The Role of Literature in Achieving the Sustainable Development Goals (SDGs)," emphasizes how reading and books can promote global awareness and positive change. The Department of Library celebrated Reading Week from June 19 to 25 with various activities including book reviews, essay writing, handwriting and versification competitions, and teachers' talks on their favourite books.

Winners: Essay Writing (English) – Ms. Bhadra Santhosh (1st), Ms. Donna Maria Binu (2nd); Essay Writing (Malayalam) – Ms. Anusree A.D. (1st), Ms. Saifunnesa M. (2nd); Handwriting – Ms. Ashina (1st), Ms. Ashna Manoj (2nd); Versification – Ms. Lavanya Sivan (1st), Ms. Shabana Sabu (2nd).



Research Appreciation Day - Seeds of Change: Research That Resonates

July 5, 2025

Research forms the backbone of progress, and Research Appreciation Day acknowledges the tireless work of researchers. The programme began with a minute of silent prayer. Prof. Dr. A. Priya Mary Stella, Principal, inaugurated the function and explained the importance of research in today's world.

Vice Principal Prof. Dr. Ariyalakshmi B. revealed this year's theme, "Plasticity in Research: AI & Beyond." Lt. Col. Prof. Dr. Regina P.F. congratulated students and emphasized publishing articles in journals. Administrative Officer, Mr. Benny Paul, highlighted research possibilities and congratulated students on completing their research projects. Prof. Zaina Elizabeth extended the vote of thanks.

NDLI Club Awareness Webinar - The Digital Library Door

August 27, 2025

The Library Department, in association with the National Digital Library of India (NDLI), arranged an online user awareness programme on how to use NDLI and information on the NDLI Club. Over 100 students and faculty registered. Principal Prof. Dr. Priya Mary Stella, patron head of the NDLI Club, inaugurated the webinar.

The session was led by resource person Dr. Shihab Illias, Assistant Librarian, University of Kerala, who familiarized participants with features, resources, and effective use of the digital library for academic and research purposes. A Q&A session was also conducted.



English for Nurses Session - English for Global Impact

September 12, 2025

A special session titled "English for Nurses" was conducted by Senior Manager Mr. Nishikant Mishra from Burlington English. The programme aimed to equip nursing students with essential communication skills for professional success.

Mr. Mishra emphasized job readiness, professional communication, career development strategies, and the role of English fluency in interviews, patient care, and global opportunities. Students were introduced to effective communication, soft skills, resume preparation, and continuous learning. The interactive session saw active participation.



Essay Writing Competition – Sai Seva Organisations - Write to Transform

September 12, 2025

An essay writing competition was conducted in association with Sri Sathya Sai Seva Organisations, Kerala, and the Library Department. The topic was "Transform Yourself to Transform the World" for students of II, III, and IV semesters.

The competition was organized under the supervision of Librarian Ms. Savitha Sethumadhavan. Principal Prof. Dr. Priya Mary Stella inaugurated the event, and Sai Seva coordinator Mr. Ratheesh K. delivered a motivational class. Over 200 students participated with enthusiasm, sharing their perspectives on the topic. Ms. Reema Surmi III Semester received first prize and Ms. Aneeta Babu V semester Received II prize in english essay writing competition.



Nourish '25 – Nutrition Day Exhibition: Healing Through Food

September 25, 2025

The II Semester B.Sc. Nursing students organized Nourish '25, a Nutrition Day programme, to demonstrate the role of therapeutic diets in managing various ailments. As part of their learning experience, students prepared and exhibited a wide range of nutritious dishes tailored for conditions such as diabetes, hypertension, obesity, renal disorders, and gastrointestinal diseases. The exhibition was held on the college campus, where all teaching and non-teaching staff, as well as students from other semesters, were invited to explore the displays. Each food item was accompanied by a detailed explanation of its nutritional composition, health benefits, and relevance to specific disease conditions. The event promoted awareness about healthy eating and the importance of diet in disease prevention and management. The enthusiastic participation and appreciation from visitors made Nourish '25 a resounding success.



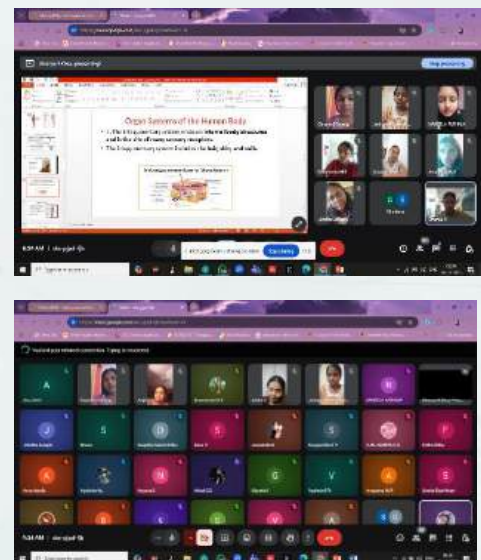
Bridge Course — Building Foundations for the Future

November 3–6, 2025

A strong academic foundation sets the tone for a successful nursing career, and the Bridge Course for I Semester B.Sc. Nursing students (2025–2029, XIV Batch) did exactly that. The programme commenced on 3rd November 2025 with a Pre-Test to assess students' baseline knowledge, categorising them into slow, average, and advanced learners.

Sessions spanning 30 hours were conducted in both online and offline modes, covering introductory topics in Anatomy, Physiology, Sociology, Psychology, and Nursing Foundation. The course was handled by Prof. Mrs. Zaina Elizebath Jose, Mr. Liju James, Mrs. Dhanya R, and Mrs. Annu Pinto, each bringing clarity and depth to their respective subjects. An Orientation Programme on 10th November 2025 familiarised students with institutional guidelines, academic expectations, and the overall structure of the KUHS B.Sc. Nursing programme.

A Post-Test conducted on 6th November 2025 recorded an average score of 18.16 out of 20, a notable rise from the Pre-Test average of 15.71 — a testament to the effectiveness of the programme and the enthusiasm of the students in embracing their new academic journey.



Immunization Awareness - Shot of Confidence

November 18, 2025

The Child Health Nursing Department organized an Immunization Awareness Quiz Programme at the V Semester Classroom. The event was inaugurated by Principal Prof. Dr. A. Priya Mary Stella, and the theme "Immunization for All is Humanly Possible" was revealed by Vice Principal Prof. Dr. Ariyalakshmi B.



A quiz competition featured multiple rounds testing knowledge on newborn immunization, vaccine storage, adverse events following immunization (AEFI), and national health programmes. Students demonstrated strong awareness and competitive spirit. The event successfully combined education with interactive learning.

Anti-Ragging Awareness Programme - Zero Tolerance for Ragging

December 3, 2025

The Anti-Ragging Cell organized an awareness programme at 2:30 PM to address the critical issue of ragging and promote a safe, respectful campus environment. First-semester B.Sc. Nursing students attended.

Chief guest Adv. Unnikrishnan, Legal Advisor, NGIK, and keynote speaker Dr. Sebastian P.D., Director, Nehru Academy of Law, highlighted the psychological and emotional harm caused by ragging and emphasized zero tolerance. Approximately 100 students and three faculty members participated. The programme reinforced that ragging is a punishable offense and that mutual respect and empathy are essential.



Library Orientation Programme - Opening the Doors to Knowledge

December 15, 2025

The Library Department of P.K. Das College of Nursing organised a Library Orientation Programme on 15th December 2025 at the PKDCN Library exclusively for first-semester students. The programme was inaugurated by Principal Prof. Dr. Priya Mary Stella, Vice Principal Prof. Dr. Ariyalakshmi, and Administrative Officer Mr. Benny Paul.

Librarian Mrs. Savitha S. guided students through the library layout, classification system, membership procedures, and borrowing policies. Students were introduced to textbooks, reference books, journals, e-resources, and online databases. A live OPAC demonstration and an interactive Q&A session helped students navigate the collection with confidence. The programme successfully inspired a culture of reading and research among the incoming batch.



NDLI User Awareness Programme - Unlocking the Digital Library

December 15, 2025

The Library Department and NDLI Club of P.K. Das College of Nursing organised a User Awareness Programme on the National Digital Library of India (NDLI) on 15th December 2025. First-semester students and newly joined faculty members attended the session, inaugurated by the Principal and Vice Principal.

The Librarian highlighted NDLI's vast repository of e-books, journals, videos, question papers, and multi-disciplinary resources. Participants were guided through registration, search filters, downloading, and features like bookmarking and language preferences. The NDLI Club's workshops, quizzes, and knowledge-sharing activities were also introduced. The programme motivated students and faculty to harness digital resources for academic excellence.



Congenital Heart Defect Awareness Day 2026 - Little Hearts, Big Care

February 16, 2026

The Child Health Nursing Department organized an academic awareness programme in observance of Congenital Heart Day 2026. The session was led by Dr. Satish G. Prabhu, Principal of PKDIMS, who focused on early identification, prevention, and management of congenital heart diseases.



The programme enhanced students' understanding of congenital heart defects, warning signs, treatment approaches, and the crucial role of nurses in paediatric cardiac care. Students gained valuable insights into the latest diagnostic and therapeutic advancements, equipping them to provide better care for children with congenital heart conditions.

Student Sensitisation Programme - Sensitise, Energise, Realise: Wellness 360 at SSGP

March 7, 2026

The Wellness 360: Student Sensitisation Programme was conducted at the I Semester classroom from 8:30 AM to 3:30 PM for 89 first-semester B.Sc. Nursing students. Expert-led sessions covered academic excellence, mental health resilience, counselling access, and physical/reproductive health. Feedback indicated a high level of satisfaction with an overall rating of 4.5/5.

Session highlights: Prof. Mrs. Zaina Elizabeth addressed academic excellence covering study habits, time management, goal setting, and motivation. Prof. Mr. Liju James discussed psycho-social and mental health resilience. Mrs. Krishna Prabha explained adolescent health counselling services. Prof. Dr. Regina P.F. addressed physical and reproductive health. Key takeaways included "It's okay to ask for help," practical study tips, and clarity on counselling services.



II.B Journal Club — Keeping Knowledge Current

DATE	TOPIC	PRESENTER	JOURNAL
30 Jun 2025	Camphor oil application on joint pain among older adults	Mrs. Annu Pinto	Int. J. Current Research
30 Jul 2025	Lifestyle intervention in pregnancy on GDM	Mrs. Bineesha P.B.	British Journal of Nursing
29 Sep 2025	Prone position and kangaroo care in preterm infants	Mrs. Sruthi V	Japan J. Nursing Science
31 Oct 2025	Obesity implications on reproductive health of young adults	Mrs. Selvi R	Nigerian J. Nutritional Sciences

29 Nov 2025	Recurrent otitis media and behaviour in middle adulthood	Mrs. Dhanya R	J. Paediatrics & Child Health
31 Jan 2026	Pin trick method on pain during IM injection	Prof. Dr. Geetha Chitra J	J. Renewable Energy Exchange
30 Mar 2026	Care and maintenance of IV cannula	Mrs. Vineetha T	IDC International Journal
30 Apr 2026	Mindfulness meditation on women's anxiety	Mrs. Mariamma Mathew	J. Psychiatric Nursing
26 May 2026	Mental health nurses caring for self-harm patients	Mrs. Thesnim Fathima	J. Nursing Research & Practice

II.C Value-Added & Add-On Courses — Beyond the Bedside

Beyond the Bedside: Advancing Clinical Excellence

In today's evolving healthcare landscape, foundational nursing knowledge is just the beginning. Our Value-Added & Add-On Courses are designed to bridge the gap between academic training and advanced clinical practice empowering our students with specialised competencies that elevate patient care and career readiness.

Year	Course
Value Added Courses	
I Year	Startups in Health Care
II Year	Cyber Security
III Year	Green Nursing
IV Year	NOBLE Outbound Training
Add-On Courses	
I Year	Yoga and Meditation
II Year	Graphic Design
III Year	Indian Knowledge System
IV Year	AI in Health Care System

II.D NDLI Club — 44 Events Across the Year

NDLI Club - Connecting Knowledge, Building Community

Academic Year 2025–2026

The NDLI Club of P.K. Das College of Nursing has been a vibrant hub of academic and digital learning activity throughout the year. Functioning under the National Digital Library of India initiative, catalysed by the Department of Science and Technology, Government of India, the club provides students and faculty a platform to engage with global knowledge resources, participate in awareness programmes, and develop a lifelong habit of evidence-based learning.

From global webinars and health awareness observances to essay competitions and faculty development programmes, the club has successfully organised and participated in 44 events across the academic year in collaboration with various nursing departments and partner institutions. Events spanning themes of mental health, maternal health, child health, nutrition, digital literacy, and global sustainability reflect the broad and inclusive vision the club upholds. The table below presents the complete list of NDLI Club events for the academic year 2025–2026, with events marked NDLI Global denoting participation in national-level virtual programmes.

Sl.	Date	Event	Organising Dept.
August 2025			
1	27 Aug 2025	NDLI User Awareness Session for all Club Members [NDLI Global]	Library
2	29 Aug 2025	Global Event: "A Future-Proof Career Code" [NDLI Global]	NDLI
September 2025			
3	12 Sep 2025	Essay Writing Competition 2025	Library
4	19 Sep 2025	Global Event: "The Dawn of Quantum Age — From Bits to Qubits" [NDLI Global]	NDLI
5	23 Sep 2025	National Nutrition Month — Quiz	Amala Medical College
6	23 Sep 2025	Food Connects Us: Celebrating the Power of Food and Nutrition	Amala Medical College
7	25 Sep 2025	World Alzheimer's Day Quiz	Amala Medical College
8	25 Sep 2025	Snippets of Dementia and Alzheimer's Disease	Amala Medical College
9	28 Sep 2025	Sudden Cardiac Death in Young	Amala Medical College
10	28 Sep 2025	World Rabies Day Quiz	Amala Medical College
11	29 Sep 2025	World Heart Day Quiz	Amala Medical College
October 2025			
12	03 Oct 2025	International Old Age Day	Medical Surgical Nursing
13	10 Oct 2025	Mental Health Awareness Day — "Care for the Mind, Care for the Future"	Mental Health Nursing
14	17 Oct 2025	International Menopause Day Awareness Programme	OBG Nursing

15	29 Oct 2025	World Stroke Day	Medical Surgical Nursing
16	29 Oct 2025	Prevent, Detect and Defeat Stroke	Amala Medical College
17	31 Oct 2025	Breast Cancer Awareness Day	OBG Nursing
November 2025			
18	09 Nov 2025	Diabetes — What We Need to Know	Amala Medical College, Thrissur
19	10–12 Nov 2025	FDP: Transforming Nursing Education — Innovative Strategies & Assessment	FDP Cell
20	17 Nov 2025	World Prematurity Day — "Give Preterm Babies a Strong Start for a Brighter Future" & World Newborn Week	Child Health Nursing
21	18 Nov 2025	Antimicrobial Awareness Week	Community Health Nursing
22	18 Nov 2025	World Immunization Day	Child Health Nursing
23	25 Nov 2025	International Day for the Elimination of Violence Against Women	OBG/GYN Nursing
24	28 Nov 2025	Global Event: "Story as Method" [NDLI Global]	NDLI
December 2025			
25	03 Dec 2025	Anti-Ragging Awareness Programme	Anti-Ragging Cell
26	03 Dec 2025	World Disability Day	Mental Health Nursing
27	13 Dec 2025	Empowered to Care: Understanding and Preventing Cancer	Amala Medical College
28	15 Dec 2025	Library Orientation Programme	Library Department
January 2026			
29	18 Jan 2026	Healthy Ways to Handle Stress	Amala Medical College (Forensic Dept.)
30	24 Jan 2026	National Girl Child Day	Child Health Nursing
31	28 Jan 2026	Cervical Health Awareness	OBG Nursing

February 2026			
32	06 Feb 2026	Global Event: Water Resource Management for Generational Sustainability [NDLI Global]	NDLI Club
33	10 Feb 2026	National Deworming Day	Child Health Nursing
34	13 Feb 2026	SSGP Faculty Sensitization Programme	SSGP Cell
35	16 Feb 2026	Awareness Programme on Sexual Reproductive Health	OBG Nursing
36	16 Feb 2026	Congenital Heart Day	Child Health Nursing
March 2026			
37	07 Mar 2026	SSGP — WELLNESS 360: A Complete Enrichment Series & Student Sensitization Programme	SSGP Cell
38	09 Mar 2026	Women's Day	OBG Nursing
39	12 Mar 2026	World Kidney Day	Medical Surgical Nursing
May 2026			
40	17 May 2026	World Hypertension Day	Medical Surgical Nursing
41	22 May 2026	World Pre-Eclampsia Day	OBG Nursing
42	25 May 2026	World Schizophrenia Day	Mental Health Nursing
43	28 May 2026	World No Tobacco Day	Mental Health Nursing
44	29 May 2026	Global Event: "The Hidden Life of Everyday Things" [NDLI Global]	NDLI

III FACULTY GROWTH & PROFESSIONAL DEVELOPMENT

Empowering Educators to Inspire the Next Generation

III.A Development Programmes — Building the Best Educators

FDP – Simulation & Skill Training Centre Orientation (KUHS)- Simulation to Real Healing

May 13, 2025

Kerala University of Health Sciences (KUHS) conducted a Faculty Development Programme on capacity building for health science faculty, focusing on simulation and skill training centre orientation for nursing faculty. Mrs. Annu Pinto and Mrs. Shincy represented our college as participants.

The programme was inaugurated by Dr. V.V. Unnikrishnan (Director, ASC KUHS). Mrs. Presthena Lofi (Research Fellow, KUHS) provided a general orientation to simulation and explained the types of simulation. Dr. Mercy PJ (Associate Professor, ACS) discussed protocols and proposal development for simulation labs. Mr. Anjalo Sim (Lab Technician, ACS) oriented participants to simulation lab infrastructure and maintenance. The final session was led by Dr. Paul O. Rapheal (HOD, Dept. of Anesthesiology, Malabar Medical College, Kozhikode), who delivered a theory session on CPR and demonstrated the procedure for CPR and injections. The programme was highly effective, informative, and engaging.



Online Training on POSH Act 2013- POSH at Work – No Excuses

May 24, 2025

Sexual harassment of women at the workplace negatively impacts not only the aggrieved individual but also the organization's vision, mission, and reputation. Accordingly, a one-day online training on the Prevention of Sexual Harassment of Women at the Workplace Act, 2013, was organized from 10:00 AM to 3:00 PM.

The session was handled by Dr. Manoj Wagh, PMP, Chairperson of Tech Trainers and Testers, Pune. The training covered key topics including the scope of the POSH Act, the statutory role of the Internal Complaint Committee (ICC), the concept of a zero-tolerance policy, redressal mechanisms, and related procedures. The session was highly informative and equipped participants with a deeper understanding of creating a safe and respectful work environment.

Faculty Development Program on Innovations in Nursing Education

September 18–20, 2025

A three-day Faculty Development Program (FDP) for Nursing Faculty, organized by Kerala University of Health Sciences (KUHS), was held at Vigyan Bhavan, KUHS, from September 18 to 20, 2025.

Faculty members Ms. Dhanya R (Associate Professor) and Ms. Lakshmidevi (Assistant Professor) from P.K. Das College of Nursing participated in the event.

The programme covered modern teaching-learning strategies including competency-based education, problem-based learning, peer teaching, reflective learning, experiential learning, online & ICT tools, flipped classrooms, test construction, OSCE/OSPE, and quality assurance in nursing education. Pre-test and post-test assessments were conducted to measure learning outcomes.

The FDP provided valuable insights that will help enhance professional teaching practices. As per KUHS guidelines, both participants have given an undertaking to conduct a similar FDP at P.K. Das College of Nursing within three months, and the outcomes will be reported to the KUHS Academic Staff College for academic credit points.



FDP – Zotero Reference Management Webinar (KUHS)

October 24, 2025

Kerala University of Health Sciences conducted a Faculty Development webinar titled "Master Your Research: A Practical Guide to Zotero" on October 24, 2025, from 7:00 PM to 9:00 PM. The webinar was inaugurated by Dr. Mohanan Kunnummal, Vice Chancellor, KUHS.

The main speaker was Dr. Shihab I., Editor of IJLI and Assistant Librarian at the University of Kerala. He introduced Zotero software, demonstrating installation and setup, collecting and organizing sources, and generating citations and bibliographies. The webinar targeted researchers, scholars, undergraduate students, and faculty members under KUHS. The webinar was highly effective, informative, and engaging.



FDP on Teaching Excellence & Educational Strategies- Teaching that Transforms

November 10–12, 2025

The Faculty Development Programme conducted from November 10 to 12, 2025, proved highly effective in enhancing the professional competencies of faculty members. Sessions covered innovative teaching-learning methodologies, student assessment practices, and strategies for maintaining academic quality standards.

The FDP motivated faculty to incorporate contemporary pedagogical approaches and uphold excellence in nursing education. The programme also fostered collaborative discussions on curriculum development, research integration, and effective use of digital tools in teaching. Overall, the FDP strengthened the academic environment of the institution, equipping faculty with practical skills and renewed enthusiasm for their professional roles.



NOBLE Outbound Leadership Training, Coimbatore- Outbound to Lead

November 29, 2025

Eighth-semester B.Sc. Nursing students participated in an educational outbound training programme at NOBLE – Nehru Outbound for Leadership Excellence, Coimbatore. The visit aimed to enhance teamwork, communication, leadership skills, problem-solving abilities, and personal development through activity-based learning.



Activities included trust-building exercises, team coordination games, problem-solving tasks, rope-based challenges, and communication drills. Students learned to handle challenges collectively, support peers, communicate effectively, and develop confidence. The visit successfully bridged the gap between theoretical knowledge and real-world practice.

FDP on Scholarly Authorship and Publishing- Publish with Integrity

February 5, 2026

The Faculty Development Programme on "Scholarly Authorship and Publishing" was conducted from 9:00 AM to 4:00 PM. The inaugural session featured a welcome address by Dr. Ariyalakshmi B., Vice Principal and IQAC Coordinator, and a presidential address by Principal Dr. A. Priya Mary Stella.

The resource person, Dr. Madusoodanan Pillai K.R., Professor & Head, Department of English, P.K. Das College of Liberal Arts and Science, led sessions on scholarly authorship, journal selection, research ethics, plagiarism, and publication standards. The FDP successfully strengthened research quality and publication ethics among faculty members.



SSGP Faculty Sensitization Programme - Every Student Matters

February 13, 2026

The SSGP Faculty Sensitization Programme was held at the Board Room, focusing on enhancing faculty awareness of the Student Support and Guidance Programme (SSGP), early identification of student concerns, and effective referral mechanisms.

The session included a review of survey findings, interactive discussions, and best practices in student support. Faculty members engaged actively, sharing experiences and strategies for identifying at-risk students. The initiative strengthened faculty engagement and reinforced the institution's commitment to student well-being.



Leading the Fight Against Cancer: Prof. Dr. Priya Mary Stella as Resource Person

March 28, 2026

Prof. Dr. A. Priya Mary Stella, our Principal, was invited as a distinguished resource person at the national conference on "Cancer Care: The Next Frontier – Exploring Innovative Approaches to Battle Cancer," organized by Sree Abirami College of Nursing, Coimbatore. The conference aimed to advance multidisciplinary cancer knowledge, strengthen early detection, update expertise on emerging therapies, and empower nurses in holistic

cancer care. Dr. Priya Mary Stella delivered an insightful session on "Easing the Journey: Quality of Life Matters – Palliative Care for Cancer Patients," emphasizing compassionate support, pain management, and the role of nurses in improving end-of-life care. Her presentation was well received by faculty, researchers, and students from various nursing institutions. She also interacted with participants, sharing best practices in oncology nursing and palliative care. The conference concluded with a valedictory ceremony, where she was honoured with a memento for her valuable contribution.



FDP – SSKV College - Seven Days of Scholarly Excellence: Technical Session Series

May 6–12, 2026

A week-long series of Technical Sessions was organized by SSKV College of Arts and Science for Women, Kanchipuram, Tamil Nadu, from May 6 to May 12, 2026. The sessions featured distinguished academicians and experts from across the country, addressing diverse topics of contemporary relevance. The event was coordinated by Dr. J. Seethalakshmi, Director – IQAC, SSKV CASW, along with organising members Ms. M. Mahalakshmi.

Session Details:

- **May 6, 2026:** Technical Session led by Dr. Manisha Agrawal, Director Research, MATS University, Raipur, Chhattisgarh.
- **May 7, 2026:** Session chaired by Dr. U. S. Ragupathy, Principal, Nandha Engineering College (Autonomous), Erode, Tamil Nadu.
- **May 8, 2026:** Session chaired by Dr. X. Susan Christina, Principal, M.A.M. College of Engineering and Technology, Tiruchirappalli, Tamil Nadu.
- **May 9, 2026:** Session chaired by Dr. S. Brilly Sangeetha, Principal, IES College of Engineering, Thrissur, Kerala.
- **May 10, 2026:** Session chaired by Dr. A. Muthukumar, Principal, Sri Raaja Raajan College of Engineering & Technology (Autonomous), Karaikudi, Tamil Nadu (6:30 PM – 7:30 PM IST).
- **May 11, 2026:** Technical Session chaired by Dr. K. Thirumamagal, Principal, SSKV College of Arts and Science for Women.
- **May 12, 2026:** Session led by Mr. R. Krishnan, GM – Incubation, Amrita Centre for Entrepreneurship (ACE), Amrita Vishwa Vidyapeetham, Coimbatore.

Each day featured insightful deliberations, interactive discussions, and valuable knowledge sharing. The series was coordinated by Dr. J. Seethalakshmi (Organising Secretary) and Ms. M. Mahalakshmi (Organising Member). The event successfully provided a platform for academic enrichment and professional development for all out faculties.

Team Medigrind Wins at PKDIMS IDEATHON 2026

March 4, 2026

Team Medigrind from P.K. Das College of Nursing earned national recognition at PKDIMS Ideathon 2K26, organised by PK Das Institute of Medical Sciences (PKDIMS) under IQAC & IEDC, in association with Nehru Group of Institutions – Technology Business Incubator (NGI TBI).

Themed "Innovate | Integrate | Impact", the state-level platform brought together medical and para-medical students to present innovative healthcare solutions. Team Medigrind, comprising N. Shajin, Arun Shanty, Pavithra, and Ansaba A, impressed the evaluation panel with their creativity and technical knowledge.

The team was awarded the Fifth Prize, along with 6 months of Pre-Incubation Support worth ₹12,500 at NGI Technology Business Incubator (NGI TBI) at no cost.

The achievement reflects the spirit of entrepreneurial thinking being nurtured at P.K. Das College of Nursing, inspiring students to think beyond the classroom and contribute meaningfully to the future of healthcare.



NPTEL Certification Achievements

Sl. No.	Name of Student	Course Name	Certificate Type	Period	Credits
1	REGINA P. F	Assessment of Student Performance	Elite	Feb–Apr 2026	3

IV HEALTH ADVOCACY & COMMUNITY OUTREACH

Nurses Beyond the Ward — Healing Communities

IV.A Health Awareness Programmes — Student-Led Clinical Campaigns

International Day Against Drug Abuse - Break the Chain, Say No to Drugs

June 30, 2025

The International Day Against Drug Abuse and Illicit Trafficking was observed on June 30, 2025, by the Department of Mental Health Nursing. Fourth-semester BSc. Nursing students participated.

The programme was inaugurated by Prof. Dr. Ariyalakshmi, Vice Principal, who also unfolded the 2025 theme, "Breaking the Chains: Prevention, Treatment and Recovery for All," and highlighted the role of nurses in drug abuse prevention. Faculty and students took an oath against drug abuse, led by Mrs. Pricy Monica M., Associate Professor.



Polycystic Ovarian Disease Awareness at Swathy Central School- Track. Treat. Thrive.

August 23, 2025

On account of PCOD Month celebration, the Department of OBG Nursing conducted an awareness programme on Polycystic Ovarian Disease for students of Swathy Central School. Students of 10th and 11th standards participated.

Assoc. Prof. Dana Baby introduced the topic, and sixth-semester students conducted the programme. The school's students and staff attended keenly and clarified their doubts. Lecturer Yamunadevi delivered the vote of thanks. The programme concluded at 12:15 PM.



World Suicide Prevention Day - Silence Hurts. Words Heal

September 10, 2025

On World Suicide Prevention Day, Vaniyamkulam Grama Panchayath Jagrathasamithi, in association with Janamythri Police, Ottapalam, conducted an awareness and motivation class for school and college students. Fourth-semester students attended.

The first session by Shri. Vinod B. Nair, Sub Inspector, Ottapalam Police Station, discussed suicide incidences and causes. The second session by motivational speaker Shri. Ganesh Kailash, who has been in a wheelchair for 19 years, inspired students with his life experiences, emphasizing happiness, gratitude, and the importance of parents. Students and teachers gave positive feedback.



World Alzheimer's Day - Don't Forget the Signs

September 22, 2025

In 2025, the Mental Health Nursing Department organized an awareness programme on September 22 at PKDIMS. The event was inaugurated by Prof. Dr. Regina P.F., HOD of Obstetrics and Gynaecology Nursing. Mr. Liju James, Associate Professor and HOD of Mental Health Nursing, emphasized early detection of cognitive decline.

Sixth-semester students participated in health education sessions focusing on symptoms, prevention, and management. The programme saw active participation from students, staff nurses, patients, and bystanders.



International Day of Older Persons - Every Wrinkle Tells a Story

October 3, 2025

The Department of Medical Surgical Nursing organized an awareness programme at Polygarden Old Age Home, Lakkidi, under the theme "Older Persons: Driving Local and Global Action – Our Aspirations, Our Well-Being, Our Rights." The programme began at 10:00 AM.

Health education sessions were conducted by Mrs. Annu Pinto, Assistant Professor. A total of 135 beneficiaries participated. The programme successfully highlighted the collective responsibility to ensure the dignity and well-being of older persons.



World Mental Health Day - Behind Every Smile, a Story – Let's Listen

October 10, 2025

The Department of Mental Health Nursing observed World Mental Health Day with an awareness programme themed "Access to Services – Mental Health in Catastrophes and Emergencies." The resource person, Dr. Vinu Prasad V.G., psychiatrist at PKDIMS, delivered an insightful session on mental illness awareness in crisis situations.



A memento was presented by Prof. Zaina Elizabeth Jose, HOD of Community Health Nursing. Approximately 85 students and 15 faculty members participated. The event concluded with refreshments, fostering informal discussions on accessible mental health care during emergencies.

Community Diabetes - Today's Choices, Tomorrow's Health

November 14, 2025

Third-semester B.Sc. Nursing students, under the Medical Surgical Nursing Department, organized an awareness session on Diabetes mellitus at the Family Health Centre, Vaniyamkulam. The 2025 theme, "Diabetes across Life Stages," was presented by Miss Abiya Jacob.

Students delivered a well-structured health education session covering definitions, types, risk factors, pathophysiology, signs and symptoms, complications, management, and preventive measures. A question-and-answer session assessed audience understanding, with pens distributed as incentives for correct answers.



World Prematurity Day - Hope Has No Size Limit

November 17, 2025

The Child Health Nursing Department organized an awareness programme (role play) on World Prematurity Day at the Obstetrics and Gynaecology ward of PKDIMS. The theme, "Safe Care for Every Newborn and Every Child," emphasized timely, evidence-based neonatal care.

The programme commenced at 10:30 AM with discussions on neonatal resuscitation, thermal regulation, Kangaroo Mother Care (KMC), infection prevention, breastfeeding support, and early complication detection. The event underscored nurses' critical role in reducing neonatal mortality and concluded with a collective pledge to support newborn health initiatives.



World AIDS Day : Beyond the Ribbon

December 1, 2025

The Community Health Nursing Department conducted an awareness programme on World AIDS Day at TRK Higher Secondary School, Vaniyamkulam. The 2025 theme, "Overcoming Disruption, Transforming the AIDS Response," emphasized strengthening healthcare systems, reducing inequalities, removing stigma, and ensuring uninterrupted HIV prevention and treatment services.

Fifth-semester B.Sc. Nursing students presented a thematic dance, followed by health education on causes, mode of transmission, clinical manifestations, management, and prevention of HIV/AIDS. The programme was informative, engaging, and impactful.



World Disability Day – Breaking Barriers, Building Bridges

December 3, 2025

The Department of Mental Health Nursing, in association with Polygarden, Lakkidi, observed World Disability Day with an awareness and recreational programme themed "Fostering Disability-Inclusive Societies for Advancing Social Progress."

Approximately 90 fifth-semester students, 15 faculty members, and 136 inmates of Polygarden participated. Recreational activities were conducted by students. Mrs. Shincy K. provided insights on health and mental health care. The event concluded with a vote of thanks by Mr. Joseph Philip.



Cervical Health Awareness - One Smear, No Fear

January 28, 2026

The Department of OBG Nursing organized a Cervical Health Awareness Programme featuring a poster competition with active participation from students of all batches. Principal Prof. Dr. Priya Mary Stella inaugurated the event.



A surprise guest, Prof. Dr. Sona P.S., Registrar of the Kerala Nurses and Midwives Council, spoke about the importance of cervical health and the HPV vaccine, appreciating students' creativity. Lt. Col. Dr. Prof. Regina P.F.

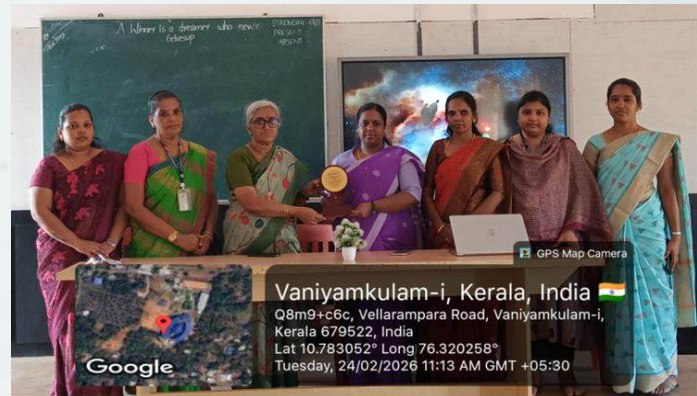
delivered the vote of thanks. The programme concluded at 4:30 PM, leaving students with increased awareness about cervical health and preventive care.

Sexual Reproductive Health Day - Let's Talk About (Safe) Sex

February 24, 2026

The Department of OBG Nursing organized an awareness programme in observance of Sexual Reproductive Health Day. The resource person, Dr. C.H. Mini, HOD of OBG Department, PKDIMS, delivered an informative talk on the importance of sexual and reproductive health and various sexually transmitted diseases.

The interactive session was well appreciated by Semester VII students. The programme reinforced awareness on reproductive health, encouraging students to become advocates for comprehensive sexual health education in their communities.



Women's Day - A Day for Her, A Future for All

March 6, 2026

On account of Women's Day, a Role Play and Health Awareness programme was conducted at the Out Patient Department of Women & Children Hospital, Palakkad, by the Department of OBG Nursing and Semester VII B.Sc. Nursing students.

Inaugural address and theme revealing were done by Mrs. Linsy Kurian K., Nursing Superintendent of W&C. Students expressed the theme "Give to Gain" through a meaningful role play. Health awareness on the importance of women's health for a better community was well received. Lt. Col. Dr. Prof. Regina P.F. delivered the vote of thanks.



World Health Day - Glow from the Inside Out

April 7, 2026

A role play was conducted at the Outpatient Department of Taluk Hospital, Ottapalam, by the Department of OBG Nursing and VII



Semester B.Sc. Nursing students. Inaugural address and theme revealing were done by Dr. Divya (Pulmonologist) of Taluk Hospital.

Students expressed the theme "Together for Health – Stand with Science" through a meaningful role play, which was easily understood by OPD patients, attendants, and hospital staff. The audience appreciated the role play and congratulated the students for their excellent performance.



World Pre-Eclampsia Day Celebration: Know the Symptoms, Take Action

May 22, 2026

The Department of OBG Nursing organized a World Pre-Eclampsia Day programme at the Auditorium for 90 sixth-semester B.Sc. Nursing students. The programme aimed to create awareness about pre-eclampsia and emphasize early identification and timely action during pregnancy. Welcome address was delivered by Mrs. Dana Baby, Associate Professor. Prof. Dr. A. Priya Mary Stella, Principal, inaugurated the programme, highlighting maternal health awareness and the role of nursing students in managing pre-eclampsia complications. The theme, "Know the Symptoms. Take Action," was revealed by Mrs. Vijaya Nirmala Devi, Associate Professor. Six groups participated in an interactive quiz competition on pre-eclampsia, with Group B emerging as winners. The programme concluded with a vote of thanks by sixth-semester students. The event was highly informative and beneficial in promoting maternal health awareness.



World Brain Tumour Day – Every Mind Matters, Every Effort Counts

June 8, 2026

World Brain Tumour Day was observed on June 8, 2026, by the Department of Medical Surgical Nursing. Second-year B.Sc. Nursing (IV semester) students participated.



The event was organised under the guidance of Prof. Dr. Geetha Chitra J. The programme began with a prayer song, followed by a welcome address and an introduction to World Brain Tumour Day. A quiz competition (preliminary written round and final oral round) was conducted to enhance awareness about brain tumours. Audience interaction on brain tumour awareness, announcement of winners, prize distribution, and a vote of thanks were also part of the event.

The core message, "Raise Awareness. Support Research. Bring Hope," was highlighted throughout the programme.

IV.B Community Service & Social Initiatives

Cloth Bank Project - Lions Club of Erumapetty - We Collect. You Connect. They Comfort.

June 12, 2025

The NSS Unit, in association with the Lions Club of Erumapetty, participated in the Cloth Bank Project. The collected clothes were handed over to the Cloth Bank Project Coordinator, Lion Peethambaran, by Principal Prof. Dr. Priya Mary Stella and Vice Principal Prof. Dr. Ariyalakshmi B., in the presence of Lt. Col. Dr. Regina P.F., the Lions Club President, and NSS Coordinator Assoc. Prof. Liju James.



NSS students and other faculty members also participated. The Cloth Bank Coordinator and accompanying Lion members expressed heartfelt gratitude for the institution's service mentality towards community welfare.

Fire Safety Training Programme - Be the First Responder, Not the First Victim

June 17, 2025

The college organized an excellent fire safety training programme for 90 second-semester B.Sc. Nursing students at 2:00 PM, covering both theory and practical sessions. The session offered realistic experience in basic fire safety skills, evacuation procedures, and casualty management.

Mr. Pushparajan, Fire and Safety Officer of the parent hospital, PKDIMS, generously shared his valuable time. The training effectively enabled students to gain essential fire safety knowledge, reinforcing the commitment to a safe and secure environment.



International Yoga Day Session - Inhale Courage, Exhale Fear

June 23, 2025

As part of International Yoga Day, the NSS Unit conducted a yoga session on June 23, 2025. The programme was inaugurated by Principal Prof. Dr. A. Priya Mary Stella with a speech. Mr. Janfishan, a fourth-semester B.Sc. Nursing student, led the session.

HODs, faculty members, and students attended the programme. The event concluded with a vote of thanks by Ms. Amritha, a sixth-semester B.Sc. Nursing student.



Blood Donation Drive – World Blood Donor Day - Don't Just Scroll , Give a Roll

June 30, 2025

The NSS and SNA units, in association with POL-Blood and Kerala State Blood Transfusion Council (KSBTC), conducted a blood donor campaign at PKDIMS on June 30, 2025, starting at 10:00 AM.

Faculty members, NSS and SNA volunteers, and students donated 18 units of blood. All donors received certificates from the blood bank of PKDIMS.



Medical Camp at Ashadeepam Special School, Koonathara - A Ray of Health & Hope

July 30, 2025

In association with P.K. Das Institute of Health Sciences, fourth-semester students participated in a medical camp for the mentally challenged students of Ashadeepam Special School, Koonathara. The fourth-semester students conducted a health education session on the importance of personal hygiene.



A general health check-up was performed for the students and teachers of the school, who cooperated enthusiastically. Students also engaged in recreational activities with the children. Lt. Col. Dr. Regina P.F. extended the vote of thanks and distributed sweets.

School Health Education – Anaganadi Higher Secondary School

January 14, 2026

Seventh semester B.Sc. Nursing students participated in a health education programme at Higher Secondary School, Anaganadi, Palakkad. Topics covered included Tomato fever, Bird flu, Amoebic encephalitis, Road traffic accidents, balanced diet, and nutritional deficiency diseases.

Students conducted the programme using skits, role plays, rhymes, and drama for school children. The interactive approach effectively engaged the young audience, making health education enjoyable and memorable.



Visit to Emmanuel Old Age Home, Thiruvilwamala - Beyond Selfies – A Day of Real Connection

January 22, 2026

As part of the Community Health Nursing curriculum, 90 seventh-semester students visited Emmanuel Old Age Home, Thiruvilwamala. The home accommodates nine geriatric inmates with three caretakers. Students interacted with the elderly, observing their physical, emotional, and social needs.

Essential items for daily living were provided. Food was prepared and served to all inmates. The visit enhanced students' understanding of geriatric care, emphasizing compassion and respect towards the elderly, and strengthened their sense of community service.



Industrial Visit to KINFRA Small Industries Park, Lakkidi - Track the Supply Chain, Live

May 22, 2025

As part of the Community Health Nursing curriculum, final-year B.Sc. Nursing students undertook an industrial visit to KINFRA Small Industries Park, Lakkidi. Students toured five different companies: East Asian Cosmetics (Soap Factory), Skylark Plastics, Sagar Tank Company, a Bottle Manufacturing Company, and a Sheet Making Company.



They observed workplace operations, learned about specific health risks such as chemical exposure and physical injuries, and saw the implementation of PPE. An industrial nurse guided the group, explaining safety protocols, emergency response procedures, and the importance of regular health check-ups for workers. The experience provided valuable insights into safety audits, risk assessments, and occupational health nursing.

Observational Visit to IMAGE Biomedical Waste Plant - Don't Guess the Process – Witness It

July 16–17, 2025

IMAGE (Indian Medical Association Goes Eco-friendly) is a project initiated by the IMA Kerala to manage and dispose of biomedical waste. It operates a Common Biomedical Waste Treatment and Disposal Facility (CBWTF), providing comprehensive service from collection in barcoded colour-coded bags to transportation and disposal.



Seventh-semester BSc Nursing students visited the plant on July 16 and 17, 2025, accompanied by faculty members Prof. Zaina Elizabeth Jose and Mrs. Mercy Ruth from the Community Health Nursing Department. The visit provided valuable insights into biomedical waste management practices across Kerala.

Visit to PNNM Ayurveda Medical College, Cheruthuruthy - Where Every Leaf Has a Purpose

July 21, 2025

Students visited PNNM Ayurveda Medical College and Hospital in Cheruthuruthy, Shoranur, to gain firsthand insight into traditional Ayurvedic practices and their integration into modern healthcare. The institution features a 120-bed NABH-accredited hospital, herbal garden, digitized library, and advanced laboratories.

The group was warmly welcomed by Principal Dr. Gigi Mathew. A hospital tour was guided by Dr. Renjith and Dr. Anu Mathew, who explained various departments including Shalya, Swasthavritha, Kayachikitsa, and Kaumarabhrithya. The five-floor hospital, with its clean, healing environment, yoga hall, and gym, left a lasting impression on the students.



Field Visit to Water Treatment Plant, Malampuzha - Every Drop Counts – Witness the Process

December 9–10, 2025

The Community Health Nursing Department organized an educational field visit to the Water Treatment Plant, Malampuzha, for fifth-semester B.Sc. Nursing students. Assistant Engineer Mr. Ajeesh explained the plant's structure and functioning, guiding students through various treatment sections.

With a capacity of 45 million litres per day, the plant is one of the largest in Kerala. Students gained practical understanding of key purification processes: aeration, coagulation, flocculation, sedimentation, filtration, and disinfection. The visit provided valuable insights into safe water supply systems and highlighted the importance of water treatment in promoting public health.



Field Visit to MILMA Dairy Plant, Palakkad – Learning the Lakshya of Dairy

December 10, 2025

The Community Health Nursing Department organized an educational field visit to the Milma Dairy Plant, Palakkad, for 90 fifth-semester B.Sc. Nursing students. The Palakkad dairy has grown into a major processing unit with a capacity of over 14 lakh litres of milk per day.

Students observed production processes of milk and value-added products such as ghee, curd, and sambaram, along with packaging, storage, and distribution practices. The visit provided valuable insights into food safety, hygiene, and dairy management, enriching students' understanding of community health and nutrition.



Visit to PNNM Ayurveda Medical College, Shoranur - From Herb to Healing

January 20, 2026

Seventh semester students visited PNNM Ayurveda Medical College and Hospital, Cheruthuruthy, as part of academic exposure. The group was warmly welcomed by Management Director Mrs. Sandhya Menon and Principal Dr. Gigi Mathew.

Dr. Anoop provided an insightful briefing on the college's history and association with Keralaleeya Ayurveda Samajam. A hospital tour explained departments including Shalya, Swasthavritha, Kayachikitsa, and Kaumarabhrithya. The visit provided unique exposure to Ayurvedic education and holistic patient care, inspiring appreciation for traditional medicine.



Industrial Visit to KINFRA Industrial Park, Ottapalam - Walk the Units, Understand the Unseen

March 30, 2026

The industrial visit to KINFRA Industrial Park, Ottapalam, was successful and enriching. Students gained a broadened understanding of industrial operations and strengthened their knowledge about community and industrial health aspects.

The visit provided firsthand exposure to occupational health practices, safety protocols, and the working environment in small-scale industries. This practical experience bridged theoretical learning with real-world application, enhancing students' preparedness for community health nursing roles.



Industrial Visit to IMAGE Biomedical Waste Plant, Malampuzha - Silent Guardian of Malampuzha's Health

March 31, 2026

The visit to IMAGE (Indian Medical Association Goes Eco-friendly), Malampuzha, was highly informative and beneficial. Students gained valuable insights into the systematic management of biomedical waste, from collection in barcoded colour-coded bags to transportation and disposal at the Common Biomedical Waste Treatment and Disposal Facility.



The knowledge gained will help students practice safe and effective waste management in their future nursing profession, ensuring compliance with health regulations and environmental protection.

Inside a Centre of Excellence: Visit to Meat Technology Unit, Mannuthy

December 16, 2025 & January 5, 2026

The Community Health Nursing Department conducted an observational visit to the Meat Technology Unit (MTU) at Mannuthy, Thrissur, for fifth-semester B.Sc. Nursing students. Ninety students visited this specialized centre, which functions under the Kerala Veterinary & Animal Sciences University and is recognized by ICAR as a Centre of Excellence in Meat Science & Technology. The main objective was to create awareness about meat hygiene, infrastructure, processing, marketing, value-added products, quality control measures, and preservation techniques. Dr. Arshad and Dr. Anjitha delivered an excellent theory session on production, processing, and marketing, followed by a visit to the slaughtering section of the unit. The experience was highly illuminating, providing students with practical insights into meat technology and its public health implications.



Malhaar 2025 – SNA North East Zone Arts Fest - Where Talent Takes Stage

June 25, 2025

Malhaar 2025, the much-awaited two-day arts fest of the Student Nurses' Association (SNA) North East Zone comprising nursing colleges from Thrissur and Palakkad districts, was inaugurated in a vibrant ceremony at the college campus. The event was presided over by Adv. Dr. P. Krishnadas, Chancellor of P.K. Das Deemed to be University and Honorary Trade Commissioner, Mauritius–India.

Star Singer Season 9 finalists, Mrs. Anusree Anilkumar and Mr. Balram, jointly inaugurated the fest. With over 500 student participants competing in 25 vibrant events, Malhaar 2025 began with a festive spirit, promising two days of spirited performances and cultural celebration.



Yavanika 2026 Arts Day - Three Days of Colour & Beat

February 10–13, 2026

The Arts Day event, Yavanika 2026, provided a platform for students to showcase their creative skills in various art forms. Organized by the Student Nurses' Association council, the event spanned three days.

Day one focused on writing competitions such as essay writing, poem writing, and story writing. Days two and three featured singing items (elocution, Mappilapattu, solo song, Nadanpattu, group song) and dance items (Bharatanatyam, folk dance, Margamkali, Oppana, nostalgic dance, skit, mime). Students participated enthusiastically in multiple events. The closing ceremony announced winners and distributed prizes.



Release of Magazine Chuvad - Our Words. Our Voice. Our Story.



V.B Sports, Athletics & Leadership Development

SPECTRA 2025 – Sports Event by SNA Northeast Zone

May 20–21, 2025

SPECTRA 2025, a sports event organized by the Student Nurses Association (SNA) – Northeast Zone, was held on 20th and 21st May 2025 at Government College of Nursing, Palakkad (Day 1) and Government College of Nursing, Thrissur (Day 2).

P.K. Das College of Nursing actively participated, fielding a team of talented students who competed in multiple events including football, throwball, volleyball, shotput, carroms, march past, and 200-metre running. Our students demonstrated commendable skill and discipline.

Achievements:

- **Third Prize** in Shotput (Reshma Raj)
- **Third Prize** in Carroms

The event provided valuable exposure and enhanced inter-institutional interaction. The college congratulates all participants for their spirited involvement.



FORZA – Feel the Force Athletic Meet 2026

February 7, 2026

The college proudly presented FORZA – Athletic Meet 2026 at NCERC Pambadi. The event celebrated sportsmanship, teamwork, and competitive spirit among students.



Students from all batches participated with zeal, showcasing their talents in track and field events. FORZA 2026 delivered an energetic day filled with exciting athletic events, enthusiasm, and unity, fostering physical fitness and camaraderie within the campus community. The meet reinforced the importance of physical well-being and healthy competition in holistic education.

SPECTRA 2026 Zonal Volleyball – PK Das Secures Second Prize

March 11, 2026

The SPECTRA 2026 Zonal Sports Volleyball Competition was held on 11 March 2026 at Amala College of Nursing, Thrissur. Teams from various nursing colleges across the zone participated with great enthusiasm. The event was inaugurated by Prof. Dr. Rajee Raghunath, Principal of Amala College of Nursing.

After a series of competitive matches, PK Das College of Nursing won the Second Prize. Government College of Nursing, Thrissur bagged the First Prize, and PIMS College of Nursing secured the Third Prize. The event concluded at 2:30 PM with the National Anthem.



ELEVATE 2026 Leadership Camp SNA – Lead with Purpose, Inspire with Passion

March 2026

The SNA North-East Zone organised *ELEVATE 2026*, a leadership camp at Aswini College of Nursing, Thrissur. The programme began with an invocation prayer, followed by a welcome address by Mr. Muhammad Unais H., Vice Chairperson, SNA North-East Zone.

Dr. Lt. Col. Rosy K.O., Principal of Aswini College of Nursing, delivered the inaugural address. Felicitations were extended to distinguished guests including Prof. Junise V, Mr. Sujith T (Zonal Advisor), Prof. Kavitha B, and Ms. Uneesha Unnikuttan. Ms. Neeraja P.S., General Secretary, SNA North-East Zone, proposed the vote of thanks. The camp featured interactive sessions designed to foster leadership, discussion, and professional growth, and concluded with a feedback session.



SPECTRA 2026 – Athletics & Games

March 23–24, 2026

The SNA North-East Zone successfully conducted SPECTRA 2026, a two-day sports event promoting physical fitness and teamwork.

Day 1 – Athletics (23 March 2026)

Held at Government Medical College Ground, Palakkad. Events included 100m, 200m, 800m, discus throw, javelin throw, shot put, long jump, high jump, and 4×100m relay. Students from PK Das College of Nursing participated actively, demonstrating speed, strength, and sportsmanship.



Day 2 – Games (24 March 2026)

Conducted at Seventh Day Adventist College of Nursing, Ottapalam. Competitions included football, throwball, chess, carroms, and badminton. Our students displayed excellent coordination and team spirit throughout the events.



V.C Student Achievements — Stars of P.K. Das

STUDENT	ACHIEVEMENT	PRIZE / RECOGNITION
Niranjan L Govind	All Kerala Interuniversity Taekwondo Championship (M)	First Prize – KUHS
Pranav N.C.	Volleyball – SPECTRA 2026 Zonal Sports	Second Prize – SNA NE Zone
Reshma Raj	Shotput (Girls) – SPECTRA 2025	Second Prize – SNA NE Zone
Lavanya Sivan	Pencil Sketch – Zonal Cultural Competitions	First Prize – SNA NE Zone
Lavanya Sivan	On-the-Spot Painting – DHANAK State Level Arts	Prize – SNA Kerala State
Lavanya Sivan	Poster Presentation – Zonal Education (SNA)	First Prize – Jun 4, 2025
Lavanya Sivan	Versification – National Reading Week	First Prize – Library Dept.
Reema Surmi	Essay Writing	First Prize – Sai Seva Org
Aneeta Babu	Essay Writing	Second Prize – Sai Seva Org

STUDENT TOUR - GOKARNA, DANDELI (KARNATAKA) 2021 BATCH – 05/02/2026



STUDENT TOUR - GOKARNA, DANDELI, GOA (KARNATAKA, MAHARASHTRA) 2021 BATCH- 14/02/2026



STAFF TOUR TO ALAPPUZHA – 25/01/2026



VI RESEARCH, INNOVATION & KNOWLEDGE PRODUCTION

Publishing the Future of Nursing Practice

VI.A Faculty Journal Publications — 44 Papers, One Voice of Science

2024		1 publication
Sl.	Author(s)	Title of Publication
1	Mrs. Bineesha P.B.	A Qualitative Study Exploring Experiences in Caregiving for Patients With Advanced Wilson Disease
MARCH 2025		1 publication
2	Prof. Liju James	The Role of Nursing Staff During Terrorist Conflicts
JULY 2025		4 publications
3	Mrs. Selvi R	Effectiveness of Self-Instructional Module on Knowledge Regarding Safe Confinement Among Primigravida Mothers
4	Prof. Zaina Elizabeth Jose, Mrs. Mercy Ruth & Mrs. Shincy K	Assess the Comorbidity and Its Impact After COVID-19 Among People in a Selected Community, Palakkad
5	Lt. Col. Prof. Dr. Regina P.F.	Socioeconomic Burden of Critically Ill Patients, Agra, Uttar Pradesh: A Descriptive Study
6	Mrs. Bineesha P.B.	Multidisciplinary Home-Based Palliative Care for People Living with Dementia: Preliminary Findings on Palliative Care Concerns and Caregiver Burden
OCTOBER 2025		1 publication
7	Mrs. Bineesha P.B. et al.	Improving Postpartum Care Through Nursing Interventions: Mental Health, Breastfeeding Support & Physical Recovery
NOVEMBER 2025		2 publications
8	Dr. Regina P.F.	Abuses & Maltreatment Among Elderly Widows
9	Mrs. Bineesha P.B., Dr. Regina P.F. & Mrs. Dana Baby	Nutrition & Hydration in the Elderly: A Qualitative Study on Preventing Malnutrition & Dehydration
DECEMBER 2025		2 publications
10	Prof. Dr. Geetha Chitra J	Effectiveness of De-escalation Training in Reducing Workplace Violence Against Nurses
11	Mr. John Livingston & Mrs. Mercy Ruth	Case Study: Benjamin Button Disease or Progeria Syndrome

JANUARY 2026		3 publications
12	<i>Dr. Regina P.F.</i>	Lemon Sign: An Indicator of Spina Bifida
13	<i>Dr. Regina P.F. et al.</i>	From Stigma to Statute: Unpacking the Concept of Menstrual Leave in Indian Socio-Policy Landscape
14	<i>Mrs. Mercy Ruth & Mr. John Livingston</i>	Effectiveness of Lady's Finger Juice on Blood Glucose Level Among Pre-Diabetic Clients at Selected Urban Diabetic Centre, Coimbatore
FEBRUARY 2026		2 publications
15	<i>Mrs. Dhanya R</i>	Childhood Obesity Epidemic: More Than Just Calories – A Public Health Challenge
16	<i>Dr. Regina P.F. et al.</i>	Innovation in Nursing-Led Maternal & Infant Care: Emerging Trends & Impact in Indian Clinical Setting
MARCH 2026		3 publications
17	<i>Mrs. Dhanya R</i>	Nurse-Led Intervention in Pediatric Health: Integrated Child Care for Growth, Development & Disease Management
18	<i>Prof. Dr. Ariyalakshmi B & Students</i>	Impact of Emotional Intelligence on Academic Performance Among College Students
19	<i>Prof. Dr. Geetha Chitra J</i>	Organising Nursing Workforce Models & Their Association with Patient Safety & Treatment Outcomes
APRIL 2026		22 publications
20	<i>Mrs. Julie, Mrs. Annu & Students</i>	Effectiveness of PowerPoint Assisted Teaching Programme on Knowledge Regarding Adverse Effects of Cosmetic Usage Among Nursing Students
21	<i>Mrs. Annu & Students</i>	Assess the Knowledge Regarding Blood and Blood Components Transfusion Among Pharmacy Students
22	<i>Prof. Dr. Ariyalakshmi B & Students</i>	A Comparative Study to Assess Learning Outcomes Between Traditional AV Aids and Modern Digital Teaching Tools
23	<i>Mrs. Dhanya R & Mrs. Shincy K</i>	Effectiveness of Role Play on Knowledge Regarding Child Sexual Abuse Among Parents
24	<i>Mrs. Dhanya R & Mrs. Shincy K</i>	Knowledge Regarding Hookworm Infestation Among Mothers of Under-Five Children
25	<i>Prof. Dr. Geetha Chitra J & Students</i>	Self-Esteem and Psychological Well-Being Among Working and Non-Working Women
26	<i>Mrs. Jaisha S. Tharakan et al.</i>	Influence of Mobile Phone and Internet Usage on Self-Reported Behavioural Changes Among First-Year B.Sc. Nursing Students
27	<i>Mrs. Krishnaprabha P.K. & Students</i>	Effect of Video Assisted Teaching on Knowledge Regarding First Aid for Foreign Body Aspiration Among Mothers

28	<i>Mrs. Krishnaprabha P.K. & Students</i>	Effect of Educational Intervention on Knowledge Regarding Substance Abuse Among Adolescents
29	<i>Dr. Regina P.F. & Students</i>	Effectiveness of STP on Knowledge Regarding Ovum Harvesting Among College Students
30	<i>Mrs. Sruthi V</i>	Effectiveness of Maternal Support Programme on Breastfeeding Skills Among Postnatal Mothers
31	<i>Dr. Regina P.F. & Students</i>	Effectiveness of STP on Knowledge Regarding Sperm Donation Among College Students
32	<i>Mrs. Jule Aroky Mary S, Mrs. Yamuna Devi & Students</i>	Knowledge Regarding First Aid Management Among Drivers of Vaniyamkulam Panchayath
33	<i>Prof. Zaina Elizabeth Jose & Students</i>	Self-Instructional Module on Osteoporosis Among Post-Menopausal Women
34	<i>Ariyalakshmi B., Dhanya R. & Krishna Prabha P.K.</i>	Simulation-Based Training for Breastfeeding Competency Development in Midwifery Practice: A Concept Analysis
35	<i>Mr. John Livingston & Mrs. Mercy Ruth</i>	Effectiveness of Information Education Communication in Promoting Breast Self-Examination Knowledge Among College Students
36	<i>Mrs. Mercy Ruth & Mr. John Livingston</i>	Effectiveness of Role Play on Knowledge Regarding Health Consequences of Early and Late Marriages Among Adolescents
37	<i>Prof. Liju James</i>	Effectiveness of a Structured Teaching Programme on First Aid Management of Burns Among Engineering Students in Palakkad District, Kerala
38	<i>Prof. Dr. Geetha Chitra J</i>	A Descriptive Study on the Influence of Mobile Phone and Internet Usage on Self-Reported Behavioural Changes Among First-Year B.Sc. Nursing Students at GEM Institute of Education and Research, Coimbatore
39	<i>Prof. Dr. A. Priya Mary Stella</i>	A Comparative Study to Assess the Academic Performance Among Hostellers and Day Scholars at a Selected Nursing College
40	<i>Prof. Dr. A. Priya Mary Stella</i>	Smart Hospital Bed System for the Prevention and Management of Bedsores and Pressure Ulcers
41	<i>Prof. Dr. A. Priya Mary Stella</i>	Assess the Effectiveness of Training Module on Knowledge Regarding Fire and Safety Among Staff Members of Selected Nursing College
JUNE 2026		1 publication
42	<i>Prof. Dr. Geetha Chitra J</i>	Tinnitus and Role of Antioxidants

VI.A Paper Presentation

MAY 2026

Sl.	Faculty Name	Conference / Event Title	Presentation Title	Mode	Organised With
1	Ms. Dhanya R	International Conference on Role of Nurses in Patient Healthcare System	<i>Influence of Continuous Nursing Education on Patient Care Outcomes</i>	Online	SCIENTX Journals

VI.B Patents — Innovations Registered with the Government of India

INVENTION TITLE	INVENTOR(S)	APP. NO.
Wearable Device for Monitoring Medical Symptoms	<i>Mrs. Yamunadevi Shanmugam</i>	438238-001
AI-Powered Emotional Support Companion Teddy Bear for Pediatric Care	<i>Mr. John Livingston M & Mrs. Mercy Ruth R</i>	202511013236 A
Smart Hospital Bed System for Prevention & Management of Bed Sores	<i>Prof. Dr. A. Priya Mary Stella</i>	202611045612 A

VI.C Books & Chapter Publications — Contributing to the Nursing Canon

YEAR 2025

Navi International Publication

ISBN: 978-93-95745-48-2

Sl.	Author(s)	Title	Type
1	<i>Mrs. S. Julie Aroky Mary</i>	Percutaneous Transluminal Coronary Angioplasty	<i>Chapter</i>
2	<i>Mrs. Annu Lijiu</i>	Assessment: Cardiovascular System – Heart Sounds	<i>Chapter</i>
3	<i>Prof. Dr. A. Priya Mary Stella</i>	Pacemaker – Temporary & Permanent	<i>Chapter</i>

Navi International Publication

ISBN: 978-81-997967-8-2

4	<i>Ms. Rani & Students</i>	Asphyxia Neonatorum	<i>Chapter</i>
5	<i>Mrs. Krishnaprabha P.K.</i>	Hypoxic Ischaemic Encephalopathy	<i>Chapter</i>

Adam's Book Company

ISBN: 978-93-48930-72-9

6	Prof. Dr. Ariyalakshmi B.	Digital Literacy & Collaborative Problem Solving	Chapter
Xoffencer International Publication			ISBN: 978-93-47006-43-2
7	Prof. Dr. A. Priya Mary Stella	Antineoplastics	Chapter
YEAR 2026			
SPI Publications			ISBN: 978-93-7413-618-8
8	Prof. Liju James	Essentials of Psychiatric Nursing: Theory, Therapeutic Care and Mental Health Practice	Full Book
Xoffencer International Publication			ISBN: 978-93-47006-43-2
9	Ms. Dhanya R	Guidance and Counseling	Chapter
10	Lt. Col. Dr. Regina P.F.	Insertion of Chest Tube Drainage	Chapter
11	Prof. Zaina Elizabeth Jose	Care of Patients with Urinary Elimination	Chapter

VI.D Student Research Projects — 17 Projects Across 5 Clusters

1. TEACHING, LEARNING & EDUCATIONAL OUTCOMES

- A comparative study to assess the academic performance between hostellers and day scholars in P.K. Das College of Nursing.
- A comparative study to assess the learning outcomes between traditional AV aids and modern digital teaching tools among nursing students.
- A comparative study to assess the impact of teaching and learning styles on consistency of educational outcomes among nursing students in Palakkad district.
- A study to assess the effectiveness of problem-based learning on knowledge among 5th semester nursing students in P.K. Das Nursing College.
- Assess the faculty perception on the effectiveness of the internal quality process and its role on teaching and learning among faculty in a selected college at Palakkad district.
- A study to assess the impact of selected AI tools on learning outcomes among nursing students at a selected nursing college.

2. REPRODUCTIVE & SEXUAL HEALTH AWARENESS

- Assess the effectiveness of a structured teaching programme regarding knowledge about sperm donation among college students in a selected college at Palakkad district.

- A study to assess the effectiveness of a planned teaching programme on knowledge regarding testicular self-examination among boys in a selected college.
- Assess the impact of lifestyle practices on menstrual health among students of a selected college in Palakkad district.

3. GENERAL HEALTH EDUCATION & CLINICAL SAFETY

- A study to assess the effectiveness of a structured teaching programme on knowledge regarding organ donation among nursing students at a selected nursing college, Palakkad district.
- Assess the effectiveness of a video-assisted teaching programme on knowledge regarding Amoebic Meningoencephalitis among student nurses in a selected college at Palakkad.
- To assess the effectiveness of a structured teaching programme on knowledge regarding Paracetamol Toxicity among nursing students in a selected college of nursing at Palakkad district.

4. COMMUNITY & LIFESTYLE HEALTH

- A study to assess the knowledge and practice regarding posture maintenance among school children in a selected school.
- A study to compare the knowledge and practice of traffic rules and traffic violations among nursing students at a selected college.
- Effect of educational intervention on knowledge regarding substance use and its consequences among adolescents in a selected school.

5. PSYCHOSOCIAL WELL-BEING & VULNERABLE POPULATIONS

- A comparative study to assess the self-esteem and psychological well-being among working and non-working women at a selected area.
- Assess the effectiveness of role play on knowledge regarding child sexual abuse among parents in a selected rural area.

VII CAREER PATHWAYS, PARTNERSHIPS & ALUMNI

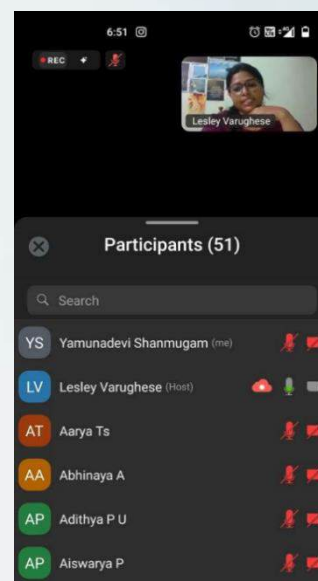
Connecting Education to the World

VII.A Career Guidance & Campus Placements

Global Nursing Career Opportunities Session – Medcity International Academy: Dream Overseas? Let's Map Your Route.

December 12, 2025

The session began at 6:00 PM, with speakers Ms. Helma Maria Monterio, Mr. Popson Antony, and Ms. Leslay Rachel Vargughese from Medcity International Academy. They explained global nursing career opportunities, noting the high demand for Indian nurses in the USA, UK, Australia, Canada, and the Middle East. Requirements vary by country: NCLEX-RN for the USA with high salaries; NHS sponsorship for the UK; licensing exams for Australia and Canada; tax-free salaries in the Middle East. Essential skills include clinical competence, communication, cultural sensitivity, and continuous learning. Participants gained clarity on eligibility, exams, visas, and actionable steps for an international nursing journey.



Campus Placement Drive – PKDIMS, Vaniyamkulam: Your First Offer, Your First Leap

February 9, 2026

The Campus Placement Drive for PKDIMS was successfully conducted at 9:00 AM. Prof. Dr. A. Priya Mary Stella, Principal, delivered the presidential address. Ms. Varsha K.V., HR Department, PKDIMS, provided information on hospital profile, job roles, eligibility, salary, and growth opportunities. The selection process included a written test and oral interview, assessing knowledge, communication, confidence, and professional attitude. The recruiters appreciated students' discipline and preparedness.



Campus Placement Drive – National Cancer Institution, Nagpur: Nagpur's Premier Cancer Institution, Turn Your Skills into Survival Stories.

February 9, 2026

The Campus Placement Drive for National Cancer Institution, Nagpur was successfully conducted at 9:00 AM. Representatives from the institution provided details on specialized oncology services, job responsibilities, eligibility, salary package, and career growth.

The selection process included a written test and oral interview evaluating subject knowledge, communication, confidence, and professional attitude. The drive guided students toward specialized clinical careers in oncology nursing.



Career Guidance – Indo German Academy: From India to Deutschland – A Career Blueprint

February 10, 2026

A Career Guidance Session by Indo German Academy was organized at the Auditorium. Speakers elaborated on the growing demand for nurses in Germany, highlighting attractive salaries, job security, professional recognition, safe working conditions, and permanent residency opportunities.

They explained the step-by-step process: German language learning (A1 to B2), qualification recognition, documentation, visa processing, and adaptation period. A key highlight was the academy's no-service-charge policy with complete transparency. Many students expressed keen interest in enrolling.



Campus Recruitment Programme – Amrita Institute of Medical Sciences: From Kerala’s Heart to Global Healthcare

March 4, 2026

The Campus Recruitment Programme was conducted at the Auditorium. Mr. Sreekumar from Amrita Institute of Medical Sciences addressed the students and explained the recruitment process.

As part of the programme, a written test was conducted to assess students' knowledge and skills. The event concluded with a vote of thanks by Vice Principal Prof. Dr. Ariya Lakshmi B. The recruitment drive provided students with valuable opportunities to launch their professional careers.



VII.B Alumni Engagement — Bridges Between Batches

Alumni Interaction – Angel in the House : Ms. Angel Rose (7th Batch, 2018–2022)

December 5, 2025

An Alumni Interaction Programme was conducted at the IV Year Lecture Hall. Mrs. Yamunadevi S., Lecturer, welcomed and introduced alumnus Ms. Angel Rose (7th batch, 2018–2022). She shared her academic journey and professional experiences, emphasizing skill development, lifelong learning, ethical practices, and professional commitment.

Ninety seventh-semester students engaged actively, posing questions about higher education, career opportunities, competitive exams, workplace expectations, and work-life balance. The session proved highly informative and motivating, strengthening the bond between alumni and the institution.



Alumni Interaction – Ms. Renjima (8th Batch, 2019–2023): Your Questions, Her Answers

December 18, 2025

Another Alumni Interaction Programme was conducted successfully at 10:30 AM. Mrs. Yamunadevi S. welcomed and introduced alumnus Ms. Renjima (8th batch, 2019–2023). She recounted challenges faced and strategies for career advancement, highlighting skill development, lifelong learning, ethical standards, and dedication.

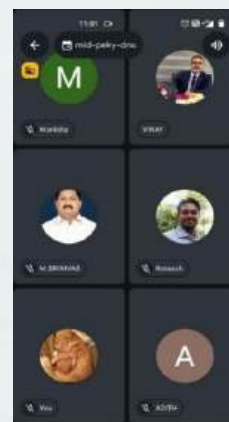
Fifty seventh-semester students participated, discussing work-life balance, competitive exams, job opportunities, higher education, and workplace expectations. The dynamic interaction provided valuable career insights, boosted student confidence, and strengthened alumni connections.



Almashine Alumni Management Online Meeting - Where Alumni Come Together

January 6, 2026

An online meeting on Almashine was conducted from 11:00 AM to 12:00 PM via Google Meet, organized by the NGI Almashine Team. Faculty members Mrs. Yamunadevi and Mrs. Shincy attended. The session provided detailed guidance on using the Almashine website for alumni data management and engagement. Key features covered included Groups, Chapters (geographical location-based groups), and Mentorship (two types: Become a Mentor and Become a Mentee). The session provided practical knowledge on collecting alumni data, organizing meets, and enhancing alumni engagement through digital tools.



Alumni Interaction : Bridging Generations

January 3, 2026

Ms. Anaina J. Tom, an alumna of the 2019 admission batch, visited the college on January 3, 2026. The Alumni Cell arranged an interactive session with first-semester B.Sc. Nursing students. She shared her academic journey, career path, challenges faced, and key learnings



after graduation, emphasizing skill development, higher studies, career opportunities, and the importance of adaptability in a competitive environment. Students actively participated, gaining valuable insights into career choices, internships, placements, and personal growth. The session encouraged open discussion and doubt clarification, resulting in increased motivation, confidence, and a better understanding of industry and academic expectations.

Alumni Interaction: Learning from the Journey

January 12, 2026

Mr. Vishnu K., an alumnus of the 2018 batch, visited the college on January 12, 2026. The Alumni Cell arranged an interactive session with third-semester B.Sc. Nursing students. He shared his academic journey, career path, challenges faced, and key learnings after graduation, emphasizing skill development, higher studies, career opportunities, and the importance of adaptability in a competitive environment. Students actively participated, asking questions related to career choices, internships, placements, and personal growth. The session encouraged open discussion and doubt clarification, resulting in increased motivation, confidence, and a better understanding of academic and professional expectations.



Alumni Interaction : Wisdom Shared, Futures Inspired

January 27, 2026

Alumni interactions bridge the gap between academic learning and professional practice. The Alumni Cell organized a session featuring Ms. Amala Rose, a distinguished alumna from the 2019 batch. She engaged with current students, sharing her professional experiences, challenges, and key learnings after graduation. The session aimed to foster mentorship, enhance career awareness, and strengthen alumni-student relationships. Students gained practical knowledge, inspiration, and clarity about career pathways. The interaction was highly impactful, contributing significantly to the holistic development of nursing students and reinforcing the importance of alumni networks in academic institutions.



VII.C Partnerships & MoUs — 25 Active Collaborations

Year	Partner Institution / Organisation	Duration	Activities	Participants
2020	INSCOL Health Care Pvt Ltd, Palarivattom, Kochi	Dec 2020 – Dec 2025	Skill development training and placement	60 Students, 2 Faculty
2020	Ardram Charitable Trust, Cheruthuruthy, Thrissur	Oct 2020 – Oct 2025	Blood donation, volunteer services, care for orphans, old age and injured clients	120 Students, 5 Faculty
2021	Manomithra Institute of Medical Science Pvt Ltd, Palakkad	Oct 2021 – Oct 2025	Clinical training, recreation, activities and health education	178 Students, 12 Faculty
2021	Vaniyamkulam Palliative and Rehabilitative Centre (VRPC)	Nov 2021 – Nov 2026	Home visit and health care delivery	208 Students, 5 Faculty
2021	Merchant Association, Erumapetty (Reg No: 261/82)	July 2021 – July 2026	Health awareness, volunteer services and health check-up	–
2021	Emmanuel Geriatric Care and Boarding Home, Thiruvilwamala, Thrissur	Nov 2021 – Oct 2026	Geriatric home visit, awareness, nutrition fest	120 Students, 5 Faculty
2023	TMUP School, Panayur, Vaniyamkulam	Jan 2023 – Jan 2028	School health awareness programmes, health exhibition	Students, 5 Faculty
2023	Orbital Orthopaedics, Aluva, Ernakulam	Jan 2023 – Jan 2028	Industrial visit, awareness of technological advancements in orthopaedics	90 Students, 5 Faculty
2023	Emmanuel Geriatric Care and Boarding Home (renewed)	Feb 2023 – Feb 2028	Geriatric home visit, awareness, nutrition fest	120 Students, 5 Faculty
2023	Swathy Central School, Vaniyamkulam	Jan 2023 – Jan 2028	School health awareness programmes, health exhibition	Students, 5 Faculty

2023	Maharaj Tools and Dies, Athani, Thrissur	Apr 2023 – Mar 2028	General health check-up, awareness programmes, recreational activity	90 Students
2023	Navani Meditex Pvt Ltd, Parli, Palakkad	Jan 2023 – Jan 2028	Industrial visit	150 Students, 6 Faculty
2023	INDO German Academy, Changaramkulam, Malappuram	Mar 2023 – Mar 2028	Awareness programme, online and offline classes	90 Students, 2 Faculty
2023	Kevin Care Surgicals and Servicing, Kulapully	Mar 2023 – Mar 2028	Equipment servicing and supply	90 Students
2023	Medcity International Academy Pvt Ltd, Kannur	Apr 2023 – Mar 2028	Awareness programme, online and offline classes	90 Students, 2 Faculty
2023	PNNM Ayurveda College, Thrissur	Apr 2023 – Apr 2026	Institutional visit	90 Students, 2 Faculty
2023	Dr. Jos C. Raphel (Rainwater Harvesting Consultant), Thrissur	Jun 2024 – Jun 2027	Field visit, health awareness programme	180 Students, 8 Faculty
2023	Ashadeepam Special School, Koonathara, Shoranur	Jul 2023 – Jul 2028	Health check-up, occupational therapy, recreational activities	180 Students, 8 Faculty
2023	Polygarden, Lakkidi, Ottapalam	Nov 2023 – Nov 2028	Awareness, health check-up, recreation, counselling, educational visit	180 Students, 6 Faculty
2024	P.K. Das Institute of Medical Sciences, Vaniyamkulam	Feb 2024 – Feb 2028	Clinical training	375 Students, 20 Faculty
2024	Time Kids Preschool, Ottapalam, Vaniyamkulam	Apr 2024 – Mar 2029	Awareness on childhood disorders and behavioural problems	90 Students, 2 Faculty

2025	Lions Club, Erumapetty (Region 7, Zone 1)	Sep 2024 – Aug 2029	Awareness programmes, health check-up, health education and exhibition	120 Students, 8 Faculty
2025	Rotary Club, Shornur	Jul 2025 – Jun 2030	Awareness programmes, health check-up, health education and exhibition	60 Students, 8 Faculty
2026	Shalom Institute of Mental Health and Research, Palakkad	Jan 2026 – Dec 2029	Clinical training, recreation, activities and health education	180 Students, 8 Faculty
2026	PNNM Ayurveda College, Cheruthuruthy, Shoranur (renewed)	Apr 2026 – Apr 2031	Institutional visit, academic programmes, workshops, seminars, conferences	90 Students, 2 Faculty

Teaching Staff



Non Teaching Staff





NEHRU GROUP OF INSTITUTIONS - KERALA **(ISO 14001-2004 Certified Institutions)**

Nehru College of Engineering and Research Centre
Nehru School of Management
Nehru College of Pharmacy
Nehru Academy of Law
Nehru College of Architecture
PK DAS College of Nursing
Jawaharlal College of Engineering & Technology
Jawaharlal Aviation Institute
Jawaharlal Business School
PK DAS Institute of Medical Sciences

NEHRU GROUP OF INSTITUTIONS - TAMILNADU **(ISO 14001-2004 Certified Institutions)**

Nehru College of Aeronautics and Applied Sciences
Nehru Institute of Engineering and Technology
Nehru Institute of Information Technology & Management
Nehru Arts & Science College
Nehru College of Management
Nehru Institute Management Studies
Nehru Institute of Technology
Nehru School of Architecture
Nehru ITI
Nehru Industrial School of Hotel Management
Nehru Technical Training College
Nehru Kids Academy